# **OHS training guide**

Cleaning and property services industry
Work skills matrix and hazard management modules



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# **OHS** training guide

# Work skills matrix and hazard management modules







#### WorkCover Corporation

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CD-ROM: OHS work skills matrix & hazard management modules

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#### Disclaimer

This Occupational health and safety work skills matrix and hazard management modules training guide is not intended to reduce your legal liability but rather to assist you to comply with current regulatory requirements. It is not exhaustive in its identification of Occupational Health Safety and Welfare issues or hazards. It still remains your responsibility to ensure that all potential problems are identified and assessed, and controls are put in place to minimise any risks.



# Introduction

This Occupational health and safety (OHS) work skills matrix and hazard management modules training guide has been produced specifically for the South Australian cleaning and property services industry.

Working safely means fewer and less severe injuries, better trained and informed employers and workers, better efficiency and reduced costs to your business.

In 1998, the CleanSafe Committee, industry stakeholders and WorkCover Corporation (SAfer Industries Program) developed an industry OHS&W strategic plan.

A main objective of the plan was to develop a training guide that covered employee–specific OHS training needs and a practical hazard management system that could be utilised by all employers and employees within the industry.

To achieve this goal, the CleanSafe Committee developed a project charter/action plan and submitted it to the Corporation's Grants Department. The project was approved and funding was allocated to hire an external organisation to fulfill the contract. The contract was awarded to the National Safety Council of Australia–SA Division. Senior Consultant Roger Palubinski was chosen to develop the products and conduct the training.

The project was steered by a CleanSafe Committee working party that consisted of:

Jake Prior Tech-Chem /

Douglas Mawson Institute of TAFE

John Bond City Central Property Services

Shaun Hannam WorkCover Corporation

Stuart Wright WorkCover Corporation

The *OHS work skills matrix and hazard management modules training guide* provides the industry with generic industry-specific 'tools' that will assist businesses to improve their OHS performance and also to comply with relevant legislation.

The training guide is part of three new major products that have been developed for the cleaning and property services industry. The other two products are the industry-specific *Injury management guide* and *CleanSafe OHS policies and procedures manual.* For further information on these products or other CleanSafe Committee OH&S initiatives, visit <a href="https://www.workcover.com">www.workcover.com</a>, click on the SAfer Industries pull-down menu and select 'Cleaning & property services industry'.

As Chairperson of the CleanSafe Committee, I commend the training guide to you, and ask you to use it as an ongoing reference and tools package for your business.

**BOB MITCHELL** 

CLEANSAFE COMMITTEE CHAIRPERSON

#### **About the CleanSafe Committee**

The CleanSafe Committee represents the interests of more than 600 cleaning and property services employers in South Australia and many thousands of employees throughout all industries in the State.

The committee comprises representatives from employers, employees, WorkCover Corporation and respective associations.

The CleanSafe Committee meets every month and addresses a wide range of OH&S issues affecting the industry. The working parties associated with the Committee meet very regularly to complete the goals and objectives outlined within the strategic plan.

The members of the committee are dedicated to the improvement of OH&S within the industry and we thank them for their time and energy.

#### The committee and working party comprise:

**Bob Mitchell** 

(Chairperson)

**Business SA** 

Shaun Hannam

WorkCover Corporation

Kave Loechel Tempo Services WorkCover Corporation

**Tony Snelson** Stuart Wright THMU

WorkCover Corporation Linda Smith (Executive Officer)

Tempo Services Greg Kermeen Dianne Snewin Corporate Clean

**Prestige Property Services** Karen Johnson Sharon Weidenbach **Business SA** SSL Spotless Services

**Keith Rogers** Roger Palubinski City Clean **NSCA** 

Jayne Barnes Nikki Fergin Bunzl

WorkCover Corporation Jake Prior John Bond

Tech - Chem City Central Property Services **David Frith** 

**Hallett Shueard Business SA** Hazardous Substances Consultant

Janet Halls

## **OHS** work skills matrix

The OHS work skills matrix has been developed with the needs of small-to-medium sized cleaning and property services employers in mind. The OHS work skills matrix is flexible enough to be integrated into established quality assurance systems. It provides a useful guide for determining the relevant training needs of both employers and their employees in the area of occupational health and safety (OHS).

It will encourage both managers and/or supervisors to:

- 1. identify their training needs within their organization
- 2. develop a training plan for all employees
- 3. develop some training modules on topics not provided as part of this package
- 4. implement the training
- 5. maintain a training record.

Statistics have clearly identified various trends occurring within the cleaning and property services industry. Data relating to the number of claims, injury costs, nature of injury, mechanisms of injury and the agencies of injury has been analysed. The results show that manual handling; slips, trips and falls; hazardous substances; and occupational violence–type injuries account for the majority of claims within the industry.

The OHS work skills matrix is designed as a simple reference guide. The table format will assist managers and supervisors to identify what OHS skills are required for their employees and their respective position description. The OHS work skills matrix aims to compile a list of OHS training modules necessary to equip employees with the skills, knowledge and information to effectively manage hazard exposures during their working day.

The OHS work skills matrix has divided the range of training modules into two key elements:

- 1. essential
- 2. employer specific

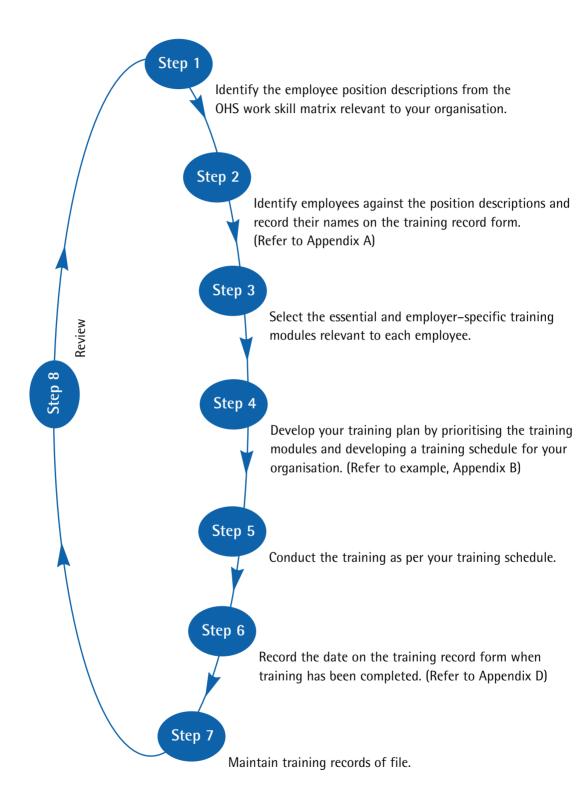
The essential training modules are modules that include legislation and hazard management, and cover the major areas identified by the statistics discussed earlier. It is recommended that the training modules be delivered in the order given and that these form the core OHS training modules within your organisation.

You will have an opportunity to be trained in each of the training modules provided. Alternatively, you may purchase the kit. Complete training modules have been developed for the OHS topics covered within the essential element. The training modules include session plans, overhead transparencies and employee activity sheets. Employers are expected to use the training materials provided to train their own employees. Each individual training session will range from 30 and 60 minutes in duration and can be run at a time convenient to the operation of your business.

The site–specific listed training modules are additional topics you should consider when identifying your employees' training needs and may relate to the specific management system requirements of your organization; safe operating procedures associated with plant and equipment; and other hazard exposures. Training modules and materials are not provided. You will need to develop training modules. However, you can copy the format of session plans supplied in the essential modules.

Supporting the OHS work skills matrix are additional document outlines which can be used for training plans and training records.

# **Flowchart**



#### Flowchart steps

#### Step 1

The employer will need to nominate who is responsible for the coordination of OHS training for their organisation. Refer to the OHS work skills matrix (Appendix A) and determine the designations that are comparable within your organisation. The designations are listed in the first column of the matrix. This will assist you in deciding which OHS training modules are required for each employee.

#### Step 2

List and record your employee names on the OHS work skills matrix opposite to their designations in the second column.

#### Step 3

The OHS work skills matrix now indicates what training is required for each employee within your organisation. This includes the OHS modules in both the essential and the employer–specific elements.

#### Step 4

You will need to develop your OHS training plan for the year. This will require you to prioritise and schedule your training over a 12-month period. It is recommended that the legislation and hazard management training modules are delivered first. The other modules listed within the OHS work skills matrix can be delivered in an order appropriate to the employer's needs.

The OHS training plan provides an example format that can be integrated into your quality assurance systems (See Appendix B).

#### Step 5

Train your employees in accordance with your training plan and schedule. Complete training modules in the essential OHS elements are provided within this training guide for you to use.

You will be required to develop your own training modules for the topics covered within the employer specific elements. This gives you the ability to integrate your own policies, procedures, arrangements and additional hazards in the workplace. It is suggested that training modules are developed in a similar layout to those provided.

#### Step 6

The nominated training coordinator will need to keep a record of training. List employees names on the training record form (Appendix D). Enter the date into the appropriate cell when your employee has been trained.

#### Step 7

Maintain records on file either in a hard copy form or electronically.

#### Step 8

Review your OHS training needs as required.

## OHS work skills matrix Appendix A

		Ess	Essential (modules provided)	ow)	lules p	rovide	ф (р			Em	yoldı	er spe	cific (	emplo	yer to	<b>Employer specific</b> (employer to develop)	(do		
X = Recommended 1 X = Training in 1	<ul><li>/ = Recommended training module required</li><li>X = Training in this module not required</li></ul>	uo	Juəu		sə:		so		sə		6	sə	_			ui		dinpa 6	
Position description	Employee names	Legislati	Hazard manager	leuneM gnilbned	obrasaH onstans	izequooO eoneloiv	lirt ,eqil2 ellef bne	ubni ətič	procedui	First aid Accident/	reporting	brocedui	Electrical Needle s	Working	heights Aoise	Working	isolation Drugs ar	alcohol Personal protective	Housekee
Owner/ Managing Director/ State Manager		`	`	×	×	×	×	`	`	×	`	×	×	*	*	*	``	*	×
Operations Manager		>	`	`	`	`	`	`	``	`	`	`	``		`		`	`	`
Area Manager		`	`	`	`	`	`	`	``	`	`	,	`		`	`	`	`	`
Administration Manager		`	`	`	`	`	`	`	`	`	`	,	× ,	*	*	*	`	*	×
Building Supervisor		>	>	`	>	>	`	`	``	`	`	`	``		``		`	`	`
Industrial Cleaning Operator		`	`	`	`	`	`	`	`	`	`	,	``	*	`	*	`	`	`
Office Cleaning Operator		`	`	`	`	`	`	`	``	`	``	,	``	*	*	`	`	`	`
Medical Cleaning Operator		`	`	`	`	`	`	`	`	`	`	,	`	*	*	*	`	`	`
Hospitality Cleaning Operator		`	`	`	`	`	`	`	`	`	`	,	`	*	*	*	`	`	`
Retail/ Public Facilities Cleaning Operator		`	`	`	`	`	`	`	``	`	``	,	``	× .	*	*	``	`	`
Subcontractors		`	`	`	`	`	`	`	`	`	`	×	`	`	*	`	`	`	`

## OHS training plan and schedule 2001 Appendix B

### **ABC Cleaning and Property Services Group**

								Ī	I		Ī	
OHS Training Modules	JAN	FEB	MAR	APR	MAY	NOC	JUL	AUG	SEP	ОСТ	NOV	DEC
Legislation												
Hazard management												
Manual handling												
Hazardous substances												
Occupational violence												
Slips, trips and falls												
Site induction												
Emergency procedures						Ţ						
First aid												
Accident/incident reporting												
Safe operating procedures												
Electrical				1								
Needle stick												
Working at heights												
Noise												
Working in isolation												
Drugs and alcohol												
Personal protective equipment												
Housekeeping and storage practices												

Denotes the scheduling of OHS training plan

## OHS training plan and schedule (year) Appendix C

### **ABC Cleaning and Property Services Group**

OHS Training Modules	JAN	FEB	MAR	APR	MAY	NOC	JUL	AUG	SEP	OCT	NOV	DEC
Legislation												
Hazard management												
Manual handling												
Hazardous substances												
Occupational violence												
Slips, trips and falls												
Site induction												
Emergency procedures												
First aid												
Accident/incident reporting												
Safe operating procedures												
Electrical												
Needle stick												
Working at heights												
Noise												
Working in isolation												
Drugs and alcohol												
Personal protective equipment												
Housekeeping and storage practices												

Denotes the scheduling of OHS training plan

### **ABC Cleaning and Property Services Group**

	Housekeeping & storage							
	Personal protective equip.							
	Drugs and alcohol							
	Morking in isolation							
	əsioN							
cific	Working at heights							
Employer specific	Needle stick							
oloye	Electrical							
Emp	Safe operating procedures							
	Accident/incident Proporting							
	First aid							
	brocedures							
	Site induction							
	sqirt , tqil							
	lanoitagusoO esiolence							
Essential	Razardous seonstaus							
Esse	lsunsM gnilbnsd							
	bazaH fnemeganam							
	Legislation							
	Employee names							

Step 1: Enter your employees' names in column 1

Step 2: Enter the date in the appropriate cell when your employee has been trained in the OHS module

Step 3: Where training is not required in an OHS module, mark the cell with an X



# Training module for managers/supervisors and employees

#### **Preface**

This guide has been specifically designed and developed for both managers and supervisors of the cleaning and property services industry who are required to provide training, advice and information in occupational health, safety and welfare.

The guide is aimed at assisting trainers with developing their training programs and materials to meet the legal responsibilities in relation to the *SA OHS&W Act 1986* and the *SA OHS&W Regulation 1995*, which applies to all workplaces in South Australia.

This guide supports the delivery of the learning outcomes listed in the nationally recognised short–course curriculum for legislation.

#### How to use this guide

This key to the use of icons will provide a quick visual reference to indicate suggested activities during the course of training.



Using overhead transparencies is suggested at this point.



The trainer should lead the entire group in open discussion.



The group should be split in smaller groups (two-three people) to undertake the activities.



Give a handout to the group at this point, either as an individual sheet or sheets, or contained within a participant's workbook.

### Introduction to legislation

#### **Learning outcome**

• At the end of this session, participants will have an understanding of the legislation relating to Occupational Health and Safety.

#### **Assessment criteria**

- Describe the philosophy and intent of the health and safety law and practice.
- Demonstrate basic knowledge (scope and legal status) of the *SA OHS&W Act 1986*, Regulations and Approved Codes of Practice.
- Understand the legislative responsibilities of employers, employees and contractors.

Time	Content	Process
5 mins	Explain to participants that there is health and safety legislation in this state that protects workers. This applies to anyone who is working full-time, part-time, or has a permanent, temporary or casual job.	
	This legislation also includes home-based workers and volunteers who work in connection with a trade or business.	
	The legislation is to protect workers and the public against risks at, or arising from, the workplace and involving employees and employers in issues (consultation) relating to occupational health and safety.	4
	Therefore, it can be said that employers, employees, contractors and others, such as manufacturers and suppliers of machinery or substances used at work, all have an important role to play.	
	Health and safety legislation in South Australia is made up of three parts. These are:	
	• The SA OHS&W Act 1986	$\triangle$
	● The <i>SA OHS&amp;W Regulations 1995</i>	
	<ul> <li>Approved Codes of Practices made under the Act</li> </ul>	4
5 mins	Explain that the SA OHS&W Act 1986 sets out the general requirements for protecting health and safety in the workplace.	
	Employers' duties (Section 19)	
	The employer has a duty to each employee to, "ensure so far as is reasonably practicable that the employee is, while at work, safe from injury and risks to health".	
	The legislation requires employers to take action to control risks associated with hazards in the workplace by:  • providing and maintaining a safe work environment  • maintaining safe systems of work	
	<ul><li>ensuring that plant and substances are safe.</li></ul>	3
	<ul><li>In addition to this, the employer is required to:</li><li>provide adequate information, instruction, training and supervision</li></ul>	
	<ul> <li>provide adequate facilities and monitor working conditions at any workplace that is under control of the employer</li> </ul>	
	• maintain records.	

Time	Content	Process
5 mins	Employers' responsibility (Section 20)  Employer consultation with stakeholders in the development of policy and procedures.  Employees' responsibilities (Section 21)  Employees must take reasonable care to protect their own safety and the safety of others, that may be affected by their actions or omissions at work.  The employees' responsibility for health and safety only extends to things that they have control over. However, they must cooperate with their employer by:  • using the equipment provided to protect health and safety  • following any reasonable instruction the employer gives  • ensuring that alcohol or drugs does not affect them so as to endanger themselves or others.	4
2 mins	Duties of employers and self-employed persons (Section 22)  An employer or a self-employed person shall take reasonable care:  • to protect his or her own health and safety at work  • to avoid adversely affecting the health and safety of any other person (not being an employee employed or engaged by the employer or the self-employed person) through an act or omission at work.	6
2 mins	<ul> <li>Duties of occupiers (Section 23)</li> <li>The occupier of a workplace shall ensure so far as reasonably practicable:</li> <li>that the workplace is maintained in a safe condition</li> <li>that the means of access to and egress from the workplace is safe.</li> </ul>	

Time	Content	Process
5 mins	<ul> <li>Duties of designers and owners of building (Section 23A)</li> <li>The owner of a building that comprises or includes a workplace must:</li> <li>ensure so far as is reasonably practicable that a building, and any fixtures or fittings within the building that are under the control of the owner, are in a condition that allows people who might work in, on or about the workplace to be safe from injury and risks to health.</li> </ul>	<b>1</b> 8
5 mins	SA OHSEW Regulations 1995  Advise participants that the Regulations are delegated legislation, enabled by the Act, and express the principles of the Act in detail.  A Regulation is therefore a legal requirement relating to a specific hazard or activity in the workplace.  Explain the five sections of the document briefly and 'walk' the group through the following:  • summary of provisions  • schedules and appendices  • index  Australian Standards are sometimes included in the actual text of a Regulation and therefore assume the same mandatory status.  Demonstrate the layout of the Regulations using a sample page.	
2 mins	Approved codes of practices  Advise participants that Approved Codes of Practices are 'minimum standards'. They describe preferred methods or courses of action to achieve a particular standard.  Approved codes of practices can be used to support litigation, and organisations should comply with them unless it can be demonstrated that an equal or better alternative has been adopted.  Australian Standards are sometimes designated as Approved Codes of Practices in the Regulation.  Therefore, Australian Standards generally have the status of guidance notes and have no legal status. They do, however, provide sensible advice and should be complied with.	

Time	Content	Process
15 mins	Case study  Case study one is provided as part of this training package.  Handout the case study, OHS Legislative responsibilities and activity sheet to your employees. Depending on numbers, place employees in groups to complete the activity sheet.  Return to the large group and discuss the findings and indicate where non-compliance had occurred.	
5 mins	Employee level of understanding  Ask each participant to complete the employee level of understanding form to answer some basic questions and then to sign off to demonstrate their understanding (optional).  Facilitator to check answers to confirm understanding and attend to participants that require clarification.	
	Training module completed	

# OHS legislation for managers/supervisors and employees

- South Australian Occupational Health, Safety and Welfare Act 1986
- South Australian Occupational Health, Safety and Welfare Regulations 1995

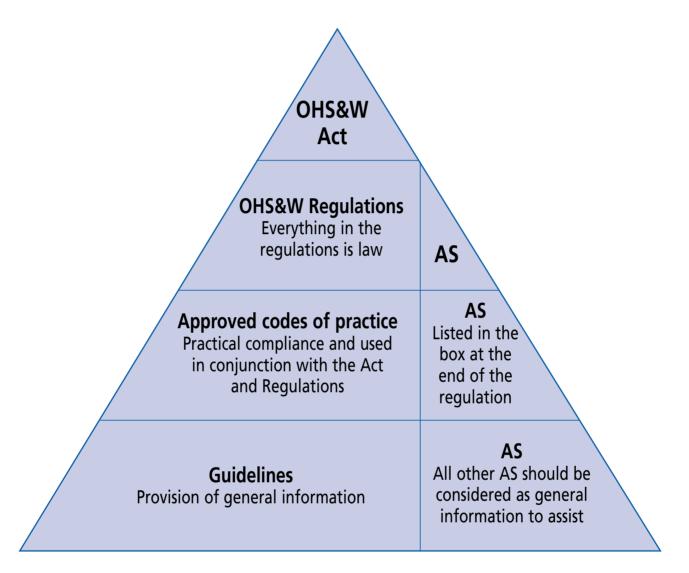








# **OHS legal pyramid**



The OHS&W Act 1986 describes how to provide health and safety in South Australian workplaces. Everything in the Act is law and must be followed

Australian Standards
(AS) called up on the left hand side of the page of the regulation become a regulatory requirement









# **Employers' duties**Section 19

- Provide a safe work environment.
- Provide safe systems of work.
- Ensure plant and substances are safe.
- Provide adequate information, instruction, supervision and training.
- Monitor the working conditions.
- Maintain records.









## **Employers' duties** Section 20

# Prepare and maintain in consultation with committees, OHS reps, employees and registered associations:

- policies relating to OHS&W that are kept up to date
- brought to the notice of employees.









# **Employees' duties**Section 21

- Protect their health and safety and the safety of others that may be affected by their acts or omissions
- Cooperate with the employer by:
  - using equipment provided to protect health and safety
  - following reasonable instructions
  - not endangering themselves or others by consuming alcohol or drugs.









# **Duties of employers and self-employed persons**Section 22

- Protect his or her health and safety.
- Avoid adversely affecting safety of any other person(not being employed or engaged by the employer or the self-employed person) through an act or omission at work.









# **Duties of occupiers**Section 23

- That the workplace is maintained in a safe condition.
- That the means of access to and egress from the workplace is safe.









# **Duties of designers and owners of building**Section 23A

Ensure so far as is reasonably practicable that a building, and any fixtures or fittings within the building under the control of the owner, are in a condition that allows people who might work in, on or about the workplace to be safe from injury and risks to health.









## **Understanding the page layout**

Once you have found the information that is specific to you, you will see that the page is also divided into parts.

# Information found on the left hand side of the page

The column on the left hand side of the page are the Regulations. These are mandatory requirements. In other words, you must follow them as they are the law.

This side of the page will also refer to the relevant approved codes of practice, which will provide guidance on how to achieve compliance with these legal requirements.

# Information found on the right hand side of the page

This column of advice and information contains margin notes to assist you while you are reading the regulations.

These notes are for information.

They do not form part of the Regulations.











## **OHS Regulation**

General principles for the implementation of the Regulations.

Legal requirement relating to a specific hazard or activity in the workplace.









# **Approved Codes of Practices**

Australian Standards that have been approved by the Minister as Approved Codes of Practices are listed at the end of the Regulation.

Australian Standards that are included in the actual text of a Regulation assume the same mandatory status.









# Case study one

### Legislation

A nurse was injured in the course of her employment. She fell one morning when she tripped over an electrical cord that was led across a doorway from a power point on one side of the door to a floor polishing machine in the corridor beyond.

The contract cleaner was operating an industrial polishing machine near the entrance and exit door in such a manner that the electrical cord stretched across the doorway, which caused the nurse to trip and fall.

The nurse was first aware of the existence of the power cord as she fell. No one had advised her that polishing was being performed in the vicinity although generally this task was often conducted during her shift. The power point in question was at a height between 60 and 90 centimetres above floor level. The power cord was not lying flat on the floor.

## OHS legislative responsibilities - handout

#### Employers' duties (Section 19)

The employer has a duty to each employee to, "ensure so far as is reasonably practicable that the employee is, while at work, safe from injury and risks to health".

The legislation requires employers to take action to control risks associated with hazards in the workplace by:

- providing and maintaining a safe work environment
- maintaining safe systems of work
- ensuring that plant and substances are safe.

In addition to this, the employer is required to:

- provide adequate information, instruction, training and supervision
- provide adequate facilities and monitor working conditions at any workplace that is under control of the employer
- maintain records.

#### Employers' responsibility (Section 20)

- Prepare and maintain, in consultation with committees, OHS reps, employees and registered associations, policies relating to OHS&W that are:
  - kept up to date
  - brought to the notice of employees.

#### Employees' responsibilities (Section 21)

Employees must take reasonable care to protect their own safety and the safety of others that may be affected by their actions or omissions at work. The employees' responsibility for health and safety only extends to things that they have control over.

However, they must cooperate with their employer by:

- using the equipment provided to protect health and safety
- following any reasonable instruction the employer gives
- ensuring that alcohol or drugs does not affect them so as to endanger themselves or others.

#### Duties of employers and self-employed persons (Section 22)

An employer or a self-employed person shall take reasonable care:

- to protect his or her own health and safety at work
- to avoid adversely affecting the health and safety of any other person (not being employed or engaged by the employer or the self–employed person) through an act or omission at work.

#### Duties of occupiers (Section 23)

The occupier of a workplace shall ensure, so far as reasonably practicable:

- that the workplace is maintained in a safe condition
- that the means of access to and egress from the workplace is safe.

#### Duties of designers and owners of building (Section 23A)

The owner of a building that comprises or includes a workplace must:

• ensure so far as is reasonably practicable that a building, any fixtures or fittings within the building that are under the control of the owner, are in a condition that allows people who might work in, on or about the workplace to be safe from injury and risks to health.

# Case Study 1 — Legislation

Key players	What Sections of the SA OHS&W Act 1986 not complied with?	Why do you think so?
The hospital (principal employer)		
The cleaning company		
The cleaning operator		
The nurse		

# Case Study 1 — Legislation

Key players	What Sections of the SA OHS&W Act 1986 not complied with?	Why do you think so?
The hospital (principal employer)	<ul> <li>Section 19 (1) a</li> <li>Section 19 (3) f (i)</li> <li>Section 19 (3) h</li> </ul>	<ul> <li>Failed to provide a safe working environment.</li> <li>Put at risk by change in any work process or activity (no information).</li> <li>Monitor working conditions.</li> </ul>
The cleaning company	<ul> <li>Section 19 (1) a</li> <li>Section 19 (3) b</li> </ul>	<ul> <li>Failed to provide a safe working environment.</li> <li>Failed to provide a safe system of work.</li> </ul>
The cleaning operator	• Section 21 (1) b	<ul> <li>Failed to avoid adversely affecting the safety of others through an act or omission.</li> </ul>
The nurse	• Section 21 (1) a	Failed to protect their own safety.

# Case study two

## Legislation

A manager of a local theme park was involved in a fall and was injured during the course of his employment.

On the day of the incident he left his office, which was within an administrative block, by the door leading through the kitchen to a carport area. He began to descend by the step from the landing when he fell, landing heavily on his side on the concrete floor of the car park. He was attended to by a fellow employee and helped to his feet.

The manager and the person who assisted him noticed that the area of the car park appeared to be quite clean and there was an absence of sand, papers and leaves which is a common occurrence, suggesting that the area had recently been cleaned. Both also noticed that the flexible rubber mat that was normally situated on the ground below the step was lying across the step at an angle.

Further investigation identified that the mat had been removed from its usual place below the step during the course of cleaning and left across the top of the step. The mat was in a position that presented an unexpected obstruction to any person using the steps. The mat also was wider than the tread of the step and had overlapped the step by more than six inches or so.

# Case Study 2 — Legislation

Key players	What Sections of the SA OHS&W Act 1986 not complied with?	Why do you think so?
The employer		
The manager		
The cleaning operator		

# Case Study 2 — Legislation

Key players	What Sections of the SA OHS&W Act 1986 not complied with?	Why do you think so?
The employer	<ul> <li>Section 19 (1) a</li> <li>Section 19 (3) f (i)</li> <li>Section 19 (3) h</li> </ul>	<ul> <li>Failed to provide a safe working environment.</li> <li>Put at risk by change in any work process or activity (no information).</li> <li>Monitor working conditions.</li> </ul>
The manager	• Section 21 (1) a	• Failed to protect their own safety.
The cleaning operator	• Section 21 (1) b	Failed to avoid adversely affecting the safety of others through an act or omission.

# Employee level of understanding optional

Employee:		
Please answer the following questions.		
Question 1 Under the health and safety legislation in South Australia, who are the parties that are mentioned with the intention of sharing the OHS responsibilities?		
Question 2		
Whose responsibilities are covered under this section	on of the SA OHS&W Act?	
Section 19:		
Section 20:		
Section 21:		
<b>Question 3</b> What are my responsibilities as an employee?		
1:		
2:		
3:		
<b>4</b> :		
5:		
Signed (Employee):	Date:	
Signed (Manager/Supervisor):	Date:	



# Training module for managers/supervisors

#### **Preface**

This guide has been specifically designed and developed for both managers and supervisors of the cleaning and property services industry who are required to provide training, advice and information in the area of occupational health, safety and welfare.

The guide is aimed at assisting trainers with developing their training programs and materials, in line with Part 1.3 of the SA OHS&W Regulation, which outlines the hazard management principles for all workplaces in South Australia.

This guide supports the delivery of the learning outcomes listed in the nationally recognised short–course curriculum for hazard management.

### How to use this guide

This key to the use of icons will provide a quick visual reference to indicate suggested activities during the course of training.



Using overhead transparencies is suggested at this point.



The trainer should lead the entire group in open discussion.



The group should be split in smaller groups (two-three people) to undertake the activities.



Give a handout to the group at this point, either as an individual sheet or sheets, or contained within a participant's workbook.

# Introduction to hazard management — managers/supervisors

#### **Learning outcome**

• At the end of this session, participants will be able to describe the hazard management process.

#### **Assessment criteria**

- Define the term 'hazard'.
- Define the terms 'risk' and 'risk assessment'.
- Describe the steps of hazard management using the SAfer Approach.
- Describe the application and use of a risk assessment tool.
- Describe and explain the priority order of the hierarchy of controls.

Time	Content	Process
1 mins	Describe the purpose of hazard management.	•
	Hazard management is used as a simple problem solving tool.	
	One of the key principles used for the implementation of the SA OHS&W Regulations 1995 is hazard management and essentially consists of three stages: hazard identification, risk assessment and risk control.	
	A very simple way of explaining hazard management can be described this way using the SAfer Approach.	
5 mins	The SAfer Approach	
	<b>S</b> ee it ( <i>hazard identification</i> ).	1
	<b>A</b> ssess it ( <i>risk assessment</i> ) the likelihood that someone will be hurt, how badly they will be hurt, how they could be hurt, how much, how long and how often a person is exposed to the hazard.	0
	<b>F</b> ix it ( <i>risk control</i> ) how are the hazards going to be controlled? If elimination of the hazard is not possible, other controls should be implemented to reduce potential risks.	
	<b>E</b> valuate. Once the most appropriate fix has been selected and implemented it is important to evaluate whether the fix has been successful in controlling the hazard. By simply re-assessing the risk again this will establish if the hazard has been eliminated or reduced.	
	<b>R</b> eview. After a period of time, when the work environment or when work practices change, a review of this process is needed to continually control the hazard.	

Time	Content	Process
2 mins	<ul> <li>Step 1 – See it</li> <li>A hazard is something that has the potential to harm the health, safety and welfare of people at work.</li> <li>There are three ways in which we can identify hazards:</li> <li>check records of injuries and incidents (including near misses) that have occurred in the workplace</li> <li>observe using checklist inspection or observe someone performing a task or job</li> <li>ask employees if they have ever had problems with any particular job.</li> </ul>	2
5 mins	Where do hazards come from?  Hazard identification should be an integral part of workplace culture. This involves regular workplace inspections in consultation with employee representatives. It encourages employees to report any hazardous situations that may occur in the workplace.  Hazards arise from:  • work environment  • plant and equipment	•2
	<ul> <li>chemicals or hazardous substances</li> <li>systems and procedures</li> <li>work/plant design</li> <li>human behaviour</li> <li>Hazards can be grouped in the following classes:</li> <li>physical</li> <li>chemical</li> <li>ergonomic</li> <li>radiation</li> <li>biological</li> <li>psychological</li> </ul>	4
5 mins	Ask participants to provide an example for each class of hazard. Refer to overhead.	5

Time	Content	Process
5 mins	Divide participants into small groups.  Provide each employee with the pro forma for hazard management reporting.  Use the example of a cleaning and property service hazard (OHT).  Ask the group to identify the major hazard.	
	Discuss findings of each group.	6
10 mins	Risk assessment (assess it)  Explain to participants that the next stage of hazard management involves assessing risks associated with the hazard. We generally assess the risk by determining the probability or likelihood of an event occurring and the possible consequences of injury, illness or disease.  When performing a risk assessment consider the following:  • the nature of the hazard  • how it may affect health and safety (the type of injury, illness or disease which may result from the hazard)  • the likelihood that hazard will cause injury, illness or disease (how much, how often and how long employees are exposed).  The risk assessment also takes into account the way that the work is organised; the layout and condition of the work environment; the training and knowledge needed by the person to perform the work safely; and the type of control measures that are available.  We can generally suggest that the hazard may be a high, medium or low risk. The risk assessment is a process of gathering information and making decisions. There is no specific right answer, as people will make certain decisions about the risk because they have different ideas about what is acceptable.  For this reason it is important that those who will be affected by the decisions made (the employer, relevant employees and their representatives) should be involved in the assessment.	

Time	Content	Process
	Explain the following risk assessment tool to participants.	1
	Consequence	
	Likelihood	8
	Very Likely	
	Likely	
	Unlikely	
	Highly Unlikely	
	Fatality	
	High	
	High	
	High	
	Medium	
	Major injury	
	High	
	High	
	Medium	
	Medium	
	Major injury	
	High	
	High	
	Medium	
	Medium	
	Negligible	
	Medium	
	Medium	
	Low	
	Low	

Time	Content	Process
	The model incorporates an easy-to-follow table and considers the two factors mentioned before consequence and likelihood. When cross-referenced the table provides a risk score.	•/*
	Use the following definitions to explain the terms used in the matrix:	• •
	Likelihood	
	<ul> <li>Very likely – an event could happen frequently</li> </ul>	
	<ul> <li>Likely – an event could happen occasionally</li> </ul>	
	<ul> <li>Unlikely – an event could happen, but only rarely</li> </ul>	
	<ul> <li>Highly unlikely – an event could happen but probably never will</li> </ul>	
	Consequence	
	<ul> <li>Fatality – self explanatory</li> </ul>	
	<ul> <li>Major injury – permanent disability</li> </ul>	
	<ul> <li>Minor injury – temporary disability resuming to normal health</li> </ul>	
	<ul> <li>Negligible injury - first aid treatment only</li> </ul>	
5 mins	Ask participants in their groups to assess the risk using the risk assessment tool for the hazard they identified earlier.	2.2
	Complete the form by indicating whether the hazard is a high, medium or low risk.	
5 mins	Risk control (fix it)	•
	Explain that, when hazards have been identified and risks assessed, appropriate control measures should be developed and implemented. The aim is to eliminate or minimise the risk.	•
	There are many ways for employers to control hazards in the workplace. As far as possible a hazard should be controlled at its source rather than trying to make the employee 'work safely' in a dangerous environment. Controlling the hazard at the source is much more effective in preventing injury, illness or disease.	1
	To do this, take action to control risks through a preferred sequence of risk control. Refer to the OHT.	9
7 mins	Ask the groups to determine what they can do to fix the problem using the preferred sequence of risk control.	

Time	Content	Process
2 mins	Evaluate it  Explain to participants that once the control measures have been implemented, it's important to evaluate how effective the control measures have been. This is performed by simply reassessing the risks associated with the hazard and establishing whether the controls have eliminated or minimised the risk of injury, illness or disease.	10
2 mins	Review it  Explain that a review of the hazard management process should be performed at regular intervals. This can be part of a regular inspection, when work practices change to ensure no new hazards have been introduced or when the work environment changes.	
1 mins	Advise participants that the training to be provided to their employee is the same, however, the risk assessment matrix is not to be covered.	
5 mins	Employee level of understanding (optional)  Ask each participant to complete the following form to answer some basic questions and then to sign off to demonstrate their understanding.  Facilitator to check answers to confirm understanding and attend to participants that require clarification.	
	Training module completed	



# Training module for employees

#### **Preface**

This guide has been specifically designed and developed for both managers and supervisors of the cleaning and property services industry who are required to provide training, advice and information in the area of occupational health, safety and welfare.

The guide is aimed at assisting trainers with developing their training programs and materials, in line with Part 1.3 of the SA OHS&W Regulation, which outlines the hazard management principles for all workplaces in South Australia.

This guide supports the delivery of the learning outcomes listed in the nationally recognised short–course curriculum for hazard management.

## How to use this guide

This key to the use of icons will provide a quick visual reference to indicate suggested activities during the course of training.



Using overhead transparencies is suggested at this point.



The trainer should lead the entire group in open discussion.



The group should be split in smaller groups (two-three people) to undertake the activities.



Give a handout to the group at this point, either as an individual sheet or sheets, or contained within a participant's workbook.

# Introduction to hazard management — employees

#### **Learning outcome**

• At the end of this session, participants will be able to describe the hazard management process.

#### **Assessment criteria**

- Define the term 'hazard'.
- Define the terms 'risk' and 'risk assessment'.
- Describe the steps of hazard management using the SAfer Approach.
- Describe and explain the priority order of the hierarchy of controls.

Time	Content	Process
1 mins	Describe the purpose of hazard management.	•
	Hazard management is used as a simple problem solving tool.	
	One of the key principles used for the implementation of the SA OHS&W Regulations 1995 is hazard management and essentially consists of three stages: hazard identification, risk assessment and risk control.	•
	A very simple way of explaining hazard management can be described this way using the SAfer Approach.	
5 mins	The SAfer Approach	
	<b>S</b> ee it (hazard identification).	1
	Assess it ( <i>risk assessment</i> ) the likelihood that someone will be hurt, how badly they will be hurt, how they could be hurt, how much, how long and how often a person is exposed to the hazard.	0
	<b>F</b> ix it ( <i>risk control</i> ) how are the hazards going to be controlled? If elimination of the hazard is not possible, other controls should be implemented to reduce potential risks.	
	<b>E</b> valuate. Once the most appropriate fix has been selected and implemented it is important to evaluate whether the fix has been successful in controlling the hazard. By simply re-assessing the risk again this will establish if the hazard has been eliminated or reduced.	
	<b>R</b> eview. After a period of time, when the work environment or when work practices change, a review of this process is needed to continually control the hazard.	

Time	Content	Process
2 mins	Step 1 – See it	
	A hazard is something that has the potential to harm the health, safety and welfare of people at work.	$\triangle$
	There are three ways in which we can identify hazards:	2
	<ul> <li>check records of injuries and incidents (including near misses)</li> <li>that have occurred in the workplace</li> </ul>	4
	<ul> <li>observe using checklist inspection or observe someone performing a task or job</li> </ul>	
	<ul> <li>ask employees if they have ever had problems with any particular job.</li> </ul>	3
5 mins	Where do hazards come from?	
	Hazard identification should be an integral part of workplace culture. This involves regular workplace inspections in consultation with employee representatives. It encourages employees to report any hazardous situations that may occur in the workplace.	
	Hazards arise from:  • work environment  • plant and equipment  • chemicals or hazardous substances  • systems and procedures  • work/plant design  • human behaviour	4
	Hazards can be grouped in the following classes:  • physical • chemical • ergonomic • radiation • biological • psychological	4
5 mins	Ask participants to provide an example for each class of hazard. Refer to overhead.	5

Time	Content	Process
5 mins	Divide participants into small groups.	
	Provide each employee with the pro forma for hazard management reporting.	
	Use the example of a cleaning and property service hazard (OHT).	
	Ask the group to identify the major hazard.	
	Discuss findings of each group.	6
10 mins	Risk assessment (assess it)	
	Explain to participants that the next stage of hazard management involves assessing risks associated with the hazard.	•/
	We generally assess the risk by determining the probability or likelihood of an event occurring and the possible consequences of injury, illness or disease.	••
	When performing a risk assessment consider the following:	4
	• the nature of the hazard	
	<ul> <li>how it may affect health and safety (the type of injury, illness or disease which may result from the hazard)</li> </ul>	0
	<ul> <li>the likelihood that hazard will cause injury, illness or disease (how much, how often and how long employees are exposed).</li> </ul>	
	The risk assessment also takes into account the way that the work is organised; the layout and condition of the work environment; the training and knowledge needed by the person to perform the work safely; and the type of control measures that are available.	
	We can generally suggest that the hazard may be a high, medium or low risk. The risk assessment is a process of gathering information and making decisions. There is no specific right answer, as people will make certain decisions about the risk because they have different ideas about what is acceptable.	
	For this reason it is important that those who will be affected by the decisions made (the employer, relevant employees and their representatives) should be involved in the assessment.	

Time	Content	Process
5 mins	Ask participants in their groups to assess the risk using the risk assessment tool for the hazard they identified earlier.  Complete the form by indicating whether the hazard is a high, medium or low risk.	
5 mins	Risk control (fix it)  Explain that, when hazards have been identified and risks assessed, appropriate control measures should be developed and implemented. The aim is to eliminate or minimise the risk.  There are many ways for employers to control hazards in the workplace. As far as possible a hazard should be controlled at its source rather than trying to make the employee 'work safely' in a dangerous environment. Controlling the hazard at the source is much more effective in preventing injury, illness or disease.  To do this, take action to control risks through a preferred sequence of risk control. Refer to the OHT.	9
7 mins	Ask the groups to determine what they can do to fix the problem using the preferred sequence of risk control.	
2 mins	Evaluate it  Explain to participants that once the control measures have been implemented, it's important to evaluate how effective the control measures have been. This is performed by simply reassessing the risks associated with the hazard and establishing whether the controls have eliminated or minimised the risk of injury, illness or disease.	10

Time	Content	Process
2 mins	Review it  Explain that a review of the hazard management process should be performed at regular intervals. This can be part of a regular inspection, when work practices change to ensure no new hazards have been introduced or when the work environment changes.	10
5 mins	Employee level of understanding (optional)  Ask each participant to complete the following form to answer some basic questions and then to sign off to demonstrate their understanding.  Facilitator to check answers to confirm understanding and attend to participants that require clarification.	
	Training module completed	





Fix it

Evaluate it











## Hazard

A source or situation that has the potential for harm in terms of human injury or ill health, damage to property or the environment, or a combination of these factors.









# **See it** hazard identification

- Direct observation
- Consultation
- Historical data









# **Hazards arise from**

- Workplace environment
- Use of plant
- Use of substances
- Poor work/plant design
- Inappropriate management systems and procedures
- Human behaviour









# **Types of hazards**

**Physical** Noise, vibration, lighting, electrical, heat, cold, dust, fire/explosion, machine moving parts and working space

Chemical Gases, dusts, fumes, vapours, liquids

**Ergonomic** Tool design, equipment design, job and task design, workstation design and manual handling

Radiation Lasers (non-lonising), X-rays (lonising)

**Psychological** Shift work, workload, harassment, discrimination, stress

**Biological** Infections (bacterial/viruses)



















# **Risk assessment**

# Measuring

- Likelihood
- Consequence
- Assessing the level of risk associated with the hazard
- Prioritising (high/medium/low)









# **Risk assessment tool**

		Likelihood			
		Very likely	Likely	Unlikely	Highly unlikely
Consequence	Fatality	High	High	High	Medium
	Major injury	High	High	Medium	Medium
	Minor injury	High	Medium	Medium	Low
	Negligible	Medium	Medium	Low	Low









# Fix it Risk control

# **Hierarchy of controls**

#### 1. Eliminate the hazard

If this is not practicable, then

#### 2. Substitute the hazard

If this is not practicable, then

#### 3. Isolate the hazard

If this is not practicable, then use

#### 4. Engineering controls

If this is not practicable, then use

#### 5. Administrative controls

If this is not practicable, then use

#### 6. Personal protective equipment

Until better methods of appropriate controls are available Eg, remove the hazard from the workplace. The ideal solution.

By a less hazardous means. Eg, change the cleaning substance with another.

Eg, use barricades and warning signs to prevent access by members of the public.

Eg, modify cleaning equipment or obtain specialised equipment to perform a task.

Eg, develop and provide safe work practices, instruction and training.

Eg, use gloves, glasses, hearing protection harnesses in conjunction with other control measures above.

Control measures can be used in conjunction with other controls identified to ensure a safe workplace







# **Evaluate it**

- Once the control measures have been implemented, it's important to evaluate how effective the control measures have been.
- Re-assess the risks by establishing whether the controls in place have eliminated or minimised the hazard.









# **Review**

- Review the process at regular intervals.
- This can be part of a regular inspection, when work practices or the work environment changes.



















# **Exercise** — Hazard management

OHS work skills matrix and major hazard management modules

See it

Vhat is the hazard io	dentified? Describe it!
A	Assess it
hat is your assessn	nent of the risk? Is it high, medium or low risk? Circle what you think.
	High Medium Low
_	
F	Fix it
	e hazard, substitute or engineer the problem out, or do we require ols and personal protective equipment? How can we fix it?
E	Evaluate and
_	
R	Review it
ow effective is this nis problem in the f	control measure(s) and what is the best way to keep an eye on uture?

# Employee level of understanding optional

OHS work skills matrix and major hazard management modules

Employee:		
Please answer the following questions.		
Question 1		
What is a hazard?		
<b>Question 2</b> What are the steps of hazard management?		
S:		
A:		
F:		
E:		
R:		
<b>Question 3</b> What are the preferred ways to fix the problem?		
El:		
S:		
En:		
A:		
P:		
Signed (Employee):	Date:	
Signed (Employee).	Date.	
Signed (Manager/Supervisor):	Date:	
9 (	- 3101	

# Bathroom/toilet cleaning



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with bathroom and toilet care and recommends actions to minimise the risk of injury whilst performing the task.

The 'SAFER task checklist' is to be used by cleaning operators who may clean amenity areas. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Chemical use
- Poor labelling of decanted substances in bottles
- Repetitive arm movements when wiping down surfaces and mopping
- Pushing and pulling trolleys
- Disposing of rubbish
- Possible needle stick injuries
- Falls from excess water on floors
- Exposure to bodily waste ie, faeces/urine/blood
- Exposure to bacteria/virus infections
- Odours
- Lifting
- Twisting action of back
- · Bending and stooping
- · Slips, trips or falls

# Bathroom/toilet cleaning

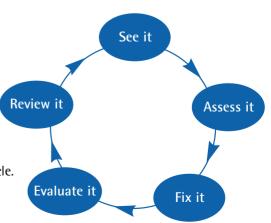
#### OHS work skills matrix and major hazard management modules

Fix i	t	Recommend	Actic Yes	ned No
1.	Select the correct commercially prepared chemicals for the cleaning task ie, disinfectants and cleaning solutions.			
2.	Where chemicals are to be prepared use the correct amounts as directed on labels/procedures.			
3.	Select the appropriate equipment for the task.			
4.	Wear personal protective equipment when cleaning urinals, toilet bowls, hand basins and mirrors ie, gloves at all times and non-slip rubber soled shoes.			
5.	When working at floor level, kneel or squat down.			
6.	Avoid reaching into semi-hidden areas.			
7.	When working at bench height, get close to the area you're cleaning. Start at the nearest point then work outwards, using even strokes.			
8.	Empty bins by removing liners only or directly pouring contents into the collection container.			
9.	When mopping, only half fill buckets to reduce weight.			
10.	Remove any excess water.			
11.	Place warning signs 'Danger wet floors' to warn others.			
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	• Has the 'fix it' recommendations eliminated or reduced the risks associated with bathroom and toilet cleaning?			
	• Can an alternative chemical substance be used?			
	• Has the 'fix it' recommendations created a new hazard?			
	<ul> <li>Is there a need for information, instruction and training for people at the time of implementing the control measure?</li> </ul>			

## **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

- This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.
- It could also be part of a system audit.



# **Buffing floors**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with buffing floors and recommends actions to minimise the risk of injury whilst performing the task.

Buffing is a task that presents a range of common hazards to operators. The 'SAFER task checklist is to be used by cleaning operators who perform buffing tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the buffing task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of plant and equipment
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Poor preparation of the area
- · Possibility of electric shock
- Size of the floor area
- Available power source
- Poor maintenance of equipment
- Manual handling difficulties
- Vibration
- Incorrect pad type fitted for floor surface and conditions
- · Poor preparation of buffing solution
- Lack of training or experience in the use of equipment
- Number and type of obstacles
- Flexible cords may present tripping hazards to the operator and others
- Warning signs not used
- Personal protective equipment not used
- Slips, trips and falls

## **Buffing floors**

#### OHS work skills matrix and major hazard management modules

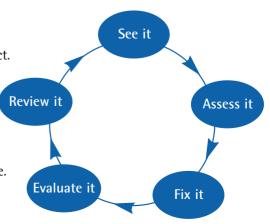
Fix it		Kecollillellu	Yes	No
1. Select a well maintained polisher.		V		
<ol> <li>Select and fit an appropriate pad or land condition.</li> </ol>	brush to suit the floor surface			
<ol><li>Ensure that the flexible cords have be by a competent person.</li></ol>	een inspected, tested and tagged			
<ol><li>Visually inspect the cord and plug for and report it to your supervisor. Rem</li></ol>				
5. Ensure that power outlets are RCD pr	otected. If not, use portable RCD units	s. 🔽		
6. Place "Danger wet floor" signs.				
7. Prepare the work area ie, sweep and	damp mop the floor area.			
8. Use the recommended amount of det	tergent in water.			
<ol><li>Prepare buffing solution in spray bot protective equipment.</li></ol>	tle wearing the recommended persona	I		
<ol><li>Spray the buffing solution approxima using a fine mist ahead of the buffer</li></ol>				
11. Machine burnish over the sprayed are	ea.			
12. Buff the edges first.		V		
13. Buff the floor using a sweeping action	n.			
14. Avoid reaching too far whilst burnish	iing.			
15. Avoid burnishing for long periods of	time.			
16. Sweep floors after burnishing if requ	ired.			
17. Wear appropriate footwear ie, rubber	soled, non–slip shoes.			
18. Wash and clean equipment thorough	ly, remove pad or brush before storage	e. 🗹		
<b>Evaluate it</b>				
The control measures should be evaluimplementation. Possible questions a	_			
<ul> <li>Has the 'fix it' recommendations el associated with the buffing?</li> </ul>	iminated or reduced the risks			
<ul> <li>Has the 'fix it' recommendations cr</li> </ul>	reated a new hazard?	V		
<ul> <li>Is there a need for information, ins at the time of implementing the c</li> </ul>				

#### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

- This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.
- It could also be part of a system audit.

This review process completes the continuous improvement cycle.



A ctioned

# **Carpet cleaning**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with carpet cleaning and recommends actions to minimise the risk of injury whilst performing the task.

The 'SAFER task checklist' is to be used by cleaning operators who are required to clean carpets, whether it be dry, shampoo or steam on a regular basis. Cleaning operators are encouraged to use the checklist before commencing work to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Use of chemicals ie, decanting/mixing/spraying/spills
- Electrical
- Damage to floors/paint work/furniture
- Manual handling involving shifting furniture
- Use of equipment ie, vacuum cleaner (upright/backpack), dry cleaning buffing machine and carpet rake
- No material safety data sheets supplied with substance
- Procedures not followed
- Personal protective equipment not worn

## **Carpet cleaning**

#### OHS work skills matrix and major hazard management modules

Fix i	t	Recommend	Actio Yes	ned No
1.	Select a well maintained dry cleaning buffing machine.			
2.	Select and fit an appropriate pad.			
3.	Ensure that the flexible cords have been inspected, tested and tagged by a competent person.			
4.	Visually inspect the cord and plug for damage. If damaged replace unit and report it to your supervisor. Remove from service.			
5.	Ensure that power outlets are RCD protected. If not, use portable RCD unit	s.		
6.	Check the safety requirements on material safety data sheets or labels of chemicals used and follow manufacturer's instructions.			
7.	Wear appropriate personal protective equipment ie, gloves.			
8.	Inspect the carpets and report faulty joints, delaminating holes and stains.	$\checkmark$		
9.	Remove light furniture and obtain assistance where heavier items require shifting.			
10.	Place plastic squares under legs of remaining furniture.	$lue{lue{lue{v}}}$		
11.	Vacuum the area with suitable vacuum cleaner for the job ie, backpack preferred.			
12.	Wear gloves when spot cleaning.			
13.	Avoid spraying dry cleaning fluid on paintwork and furniture.			
14.	Buff carpet in a circular motion.			
15.	Ventilate rooms if necessary.	<b>▽</b>		
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:	_/		
	• Has the 'fix it' recommendations eliminated or reduced the risks associated with chemical use?			
	• Can an alternative chemical substance be used?			
	• Has the 'fix it' recommendations created a new hazard?			
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?	<b>_</b>		

## **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.

#### SAFER task checklist

#### OHS work skills matrix and major hazard management modules

# Chemical use



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with chemical use and recommends actions to minimise the risk of injury whilst performing the task.

The use of chemicals is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who may use, handle, prepare, store and transport chemicals in the workplace. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Hazardous chemical
- Poor labelling
- Decanting of chemical
- · Mixing of chemicals
- Exposure to splashes
- Exposure to fumes or mists
- Exposure to powders or dusts
- Poor storage practices of chemicals
- Handling of bulk chemicals
- Spills of chemicals
- No material safety data sheets supplied with substance
- Procedures not followed
- Personal protective equipment not worn

Fix	it	Kecommena	Yes	No
1.	Chemicals are labelled.			
2	Material safety data sheets are kept near the workplace.			
3	Select correct commercially prepared chemicals for the cleaning task.			
4	Where chemicals are to be prepared, use the correct amounts as directed on labels/procedures.			
5	Where chemicals are prepared, ensure the area is well ventilated.	V		
6	Wear personal protective equipment when handling or preparing chemical solutions ie, eye protection, gloves, mask (if required) and foot wear.			
7.	When substances are decanted into smaller containers or spray bottles, label them correctly.			
8	First aid equipment and procedures are in place.			
9	Procedures are in place to contain large spills.	V		
10	. Lock and store chemicals away.			
11	. In bulk storage areas, containers with taps are not leaking or drip buckets are used to contain minor leaks.			
Eva	luate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with chemical use?</li> </ul>			
	• Can an alternative chemical substance be used?			
	• Has the 'fix it' recommendations created a new hazard?			
	<ul> <li>Is there a need for information, instruction and training for people at the time of implementing the control measure?</li> </ul>			

#### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.

This review process completes the continuous improvement cycle.

**Evaluate** it

Fix it

# Clinical/pharmaceutical waste



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with handling and removing clinical waste and recommends actions to minimise the risk of injury whilst performing the task.

The handling and removal of clinical/pharmaceutical waste is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who may work in these type of environments. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- The handling, storage, transport and disposal of clinical waste
- Skin penetrating objects ie, needles/sharps
- · Contact with infectious waste
- Contact with blood products/animal carcasses
- Soiled linen/dressings
- Chemicals from laboratories
- Discarded prescribed drugs
- Waste or residue generated from producing and preparing drugs
- Personal protective equipment not worn
- Disposing of material in the wrong receptacle

## Clinical/pharmaceutical waste

#### OHS work skills matrix and major hazard management modules

	Recommend	Actio	ned
Fix it	_	Yes	No
1. Avoid using and handling needles and sharp objects.	V		
<ol><li>Use rigid, puncture-proof containers for disposing of needles and sharps.</li></ol>			
3. Label containers correctly for specific types of wastes.			
4. Avoid handling linen or soiled laundry items.			
5. Use heavy gloves when emptying bins.	$\checkmark$		
<ol><li>Wear suitable protective clothing, such as overalls, gloves, face mask and footwear.</li></ol>			
<ol><li>A procedure is in place for staff when treating cuts or using dressings on wounds.</li></ol>			
8. Staff are immunised ie, for hepatitis, tetanus or Q fever.			
9. Maintain high standards of personal hygiene.			
10. Spill absorption material is available for use in liquid spills.			
11. Disposal procedures are in place.	V		

#### **Evaluate it**

The control measures should be evaluated both during and after implementation. Possible questions are:

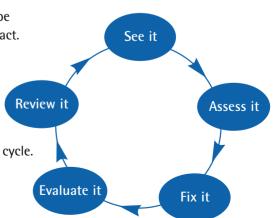
- Has the 'fix it' recommendations eliminated or reduced the risks associated with clinical/pharmaceutical waste?
  Has the 'fix it' recommendations created a new hazard?
  In there a need for information, instruction and training for people
- Is there a need for information, instruction and training for people at the time of implementing the control measure?

#### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



#### **SAFER task checklist**

#### OHS work skills matrix and major hazard management modules

# **Dusting**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with dusting and recommends actions to minimise the risk of injury whilst performing the task.

The 'SAFER task checklist' is to be used by cleaning operators who may be required to perform dusting duties in the workplace. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Repetitive arm movements
- Dust exposure
- Stretching
- Falling objects from tall furniture
- Falls from furniture

# Fix it 1. Select appropriate equipment for the cleaning task. 2. Dust from the top to the bottom. 3. Remove items or waste that are left on top of tall furniture. 4. Use duster with long handle to avoid reaching or stretching for tall furniture. 5. Use a stepping stool or step ladder to reach any high places. 6. Start at the nearest point, working outwards. 7. Use even strokes to cover the entire area. 8. Move your feet and stand as close as possible to the area that you are working on.

#### **Evaluate it**

The control measures should be evaluated both during and after implementation. Possible questions are:

- Has the 'fix it' recommendations eliminated or reduced the risks associated with dusting?
- Has the 'fix it' recommendations created a new hazard?
- Is there a need for information, instruction and training for people at the time of implementing the control measure?



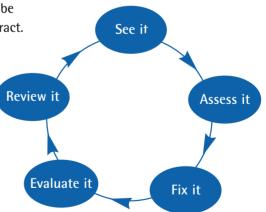
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#### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

- This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.
- It could also be part of a system audit.



# **Emptying bins**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with emptying bins and recommends actions to minimise the risk of injury whilst performing the task.

Sprains, strains and back injuries associated with the manual handling of bins is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform cleaning duties involving lifting, carrying and emptying bins. Cleaning operators are encouraged to use the checklist before removing rubbish to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Collecting and emptying rubbish into industrial bins
- Pushing and pulling trolleys and sulo bins
- Carrying and dragging drag bags
- Removing filled bags on trolleys
- Frequent bending and lifting
- Overloaded bags on trolleys and drag bags
- Height of industrial waste bins
- No spring lids or lockable positions of lids on industrial bins
- Poorly maintained or damaged bins
- Weight of bins
- Cuts and abrasions from bins and waste
- Cluttered workplace causing falls
- Carrying drag bags up and down stairs
- Poor external lighting
- Terrain
- Needle stick injury
- Slips, trips and falls

## **Emptying bins**

#### OHS work skills matrix and major hazard management modules

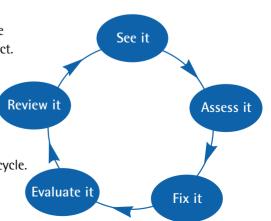
Fix i	t	Recommend	Yes	No
1.	Plan the task ahead.			
2.	Select the appropriate equipment trolley verses drag bags.			
3.	Place industrial bins in a suitable location to minimise the distance travelled to empty bins.			
4.	Industrial bins have spring loaded or lockable lid positions.	V		
5.	Use lifts in high rise buildings.	V		
6.	Use trolleys and bins with handles, ball castors or wheels.	V		
7.	Use bins made from light-weight materials.	V		
8.	Avoid overloading drag bags and trolley bags by emptying bags and trolleys frequently.			
9.	Ensure regular maintenance of trolleys, with special attention to castors and wheels.			
10.	Carry out warm up exercises prior to, and warm down exercise on the completion of, the cleaning task.			
11.	Receive training in manual handling techniques.			
12.	Wear appropriate footwear eg, heavy duty non-slip shoes.	V		
13.	Wear gloves when handling rubbish bins.			
14.	Adequate lighting provided for external areas.			
15.	External terrain is in good condition.			
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:		_	
	Has the 'fix it' recommendations eliminated or reduced the risks			
	associated with emptying bins?			
	• Has the 'fix it' recommendations created a new hazard?			Ш
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?			

#### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



#### SAFER task checklist

#### OHS work skills matrix and major hazard management modules

# **Mopping**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with mopping and recommends actions to minimise the risk of injury whilst performing the task.

Mopping is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform mopping tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the mopping task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Twisting of the back repetitively
- Mops are usually wet, making them heavy and demanding on the muscles of the hands and arms
- Requires operator to empty, fill, lift and carry buckets of water
- Wrong selection and/or amount of detergent used in buckets
- The overloading of equipment on trolleys
- Wrong type of trolley for the task may cause a loss of control of them, causing injury to the operator or others in the area
- Poorly designed or poorly maintained equipment and tools eg, splinters from wooden mop handles
- Hurrying to complete the task
- Equipment may present tripping hazards to others
- Moving equipment or trolleys over different floor surfaces or floor levels
- Contaminated floor surfaces or excess water
- Slips, trips and falls
- 'Danger wet floor' signs are not displayed

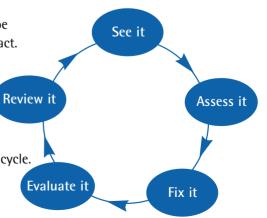
Fix i	t	Recommend	Actio Yes	ned No
1.	Check the condition of the mop handle. Replace older items with more appropriate equipment for the task.			
2.	Use approved detergent and amount as pre-determined in your instructions.			
3.	Use wheel-based trolleys and buckets on wheels that make transportation easier and minimise lifting.			
4.	When filling the bucket with warm water, use a hose attachment for the tap if the tap fitting is high.			
5.	Fill the bucket up half way only.			
6.	Use a plastic bucket to minimise weights lifted.			
7.	Place 'Danger wet floor' signs at either end of the area to be mopped.			
8.	Wring the mop as dry as possible to minimise excess water.	$\checkmark$		
9.	Change solution in the bucket as required to avoid the water becoming too dirty.			
10.	Allow an area for a dry passageway for pedestrian use. Half a corridor should always be free for pedestrian traffic.			
11.	Mop sections of approximately two metres only.			
12.	Place equipment within the 'Danger wet floor' area to reduce tripping hazards.			
13.	Train operator in manual handling techniques			
14.	Wear appropriate footwear ie, rubber soled, non-slip shoes			
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with mopping?</li> </ul>			
	• Has the 'fix it' recommendations created a new hazard?	V		
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?			

# **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

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• It could also be part of a system audit.



# Occupational violence



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with occupational violence and recommends actions to minimise the risk of injury whilst performing the task.

Exposure to occupational violence is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform cleaning duties when working in isolation. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Occupational violence can be defined as:

- workplace violence deals with a broad range of behaviours and circumstances that can be present both inside and outside the workplace
- any incident in which an employee is abused, threatened or assaulted by a member of the public in circumstances arising from his or her employment
- violence include acts or verbal, physical and psychological intimidation.

- Reported incidents of violence in the business district or industry
- Working in isolation or alone
- Working after hours ie, early morning or at night
- Poor lighting in the workplace/premises
- Where cash is being handled on the premises
- Cluttered work environment
- Access by poor security measure ie, inappropriate door/window locks
- Lack of security equipment
- · Lack of training
- Lack of policy and procedures
- Arguments or conflicts with workmates

# **Occupational violence**

#### OHS work skills matrix and major hazard management modules

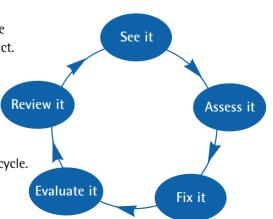
Fix it	Recommend	Yes	No
<ol> <li>A policy and procedure is in place at your workplace to deal with occupational violence in the workplace.</li> </ol>			
<ol><li>There is adequate lighting both inside and in the surrounding areas of the premises/building.</li></ol>			
3. The locks on doors and windows are suitable and good quality.	<b>✓</b>		
4. Doors are securely locked and of solid construction.	V		
5. Where possible change routine ie, vary the times when you commence	work.		
6. Access controls are fitted to doors.			
7. Alarms and sensors are activated on arrival.	V		
<ol> <li>Procedures are in place to contact security, provide access codes and timeframes when alarms are deactivated and monitored by security organisations.</li> </ol>			
9. Staff have been trained in policies and procedures for occupational vio	olence.		
10. A mechanism is in place for staff to be contacted at regular intervals.			
11. Communication devices are provided to staff.			
12. Staff are aware of building alarms and evacuation procedures.			
13. There are safe areas for staff to retreat to in the event of an emergence	y. 🚺		
14. Staff have been informed of any night tenants.	V		
15. Where possible leave premises or buildings in groups or with others.	V		
<b>Evaluate it</b>			
The control measures should be evaluated both during and after implementation. Possible questions are:			
<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with occupational violence?</li> </ul>			
<ul><li>Has the 'fix it' recommendations created a new hazard?</li></ul>			
<ul> <li>Is there a need for information, instruction and training for people at the time of implementing the control measure?</li> </ul>			

## **Review it**

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• It could also be part of a system audit.



# **Stripping floors**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with stripping floors and recommends actions to minimise the risk of injury whilst performing the task.

Stripping floors is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform stripping floor tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the stripping of floors to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Possibility of electric shock
- Size of the floor area
- Available power source
- Poorly maintained equipment
- Having difficulty or losing control of the auto scrubber
- Vibration
- Chemical exposure
- Poor preparation of stripping solution
- Poor ventilation
- Poor preparation of floor surface and damage to other floor coverings
- Lifting and moving any obstructions or furniture items
- Shifting equipment between floor levels, up and down a flight of stairs
- Flexible cords may present tripping hazards to the operator and others
- Warning signs not used
- Personal protective equipment not used
- Slips, trips and falls

## **Stripping floors**

#### OHS work skills matrix and major hazard management modules

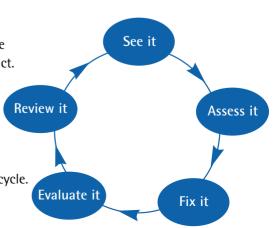
Fix i	t	Recommend	Yes	No
1.	Select a well maintained auto scrubber and doodle bug.			
2.	Select appropriate pad to suit the floor surface and condition.			
3.	Use padded handles to reduce adverse effects from vibrations.			
4.	Adjust handles to suit the operator.			
5.	Ensure that the flexible cords have been inspected, tested and tagged by a competent person.			
6.	Visually inspect the cord and plug for damage. If damaged replace unit and report it to your supervisor. Remove from service.			
7.	Ensure that power outlets are RCD protected. If not, use portable RCD unit	s.		
8.	Place 'Danger wet floor' signs.			
9.	Prepare stripping solution as directed in a well ventilated area.			
10.	Apply solution to area and avoid contact with other floor coverings.			
11.	Avoid drying off before slurry is removed, approximately five minutes.			
12.	Whilst using auto scrubber, avoid reaching too far.			
13.	Ensure the flexible cord is kept behind the operator and auto scrubber.			
14.	Scour off any bad marks.			
15.	Ensure the area is double scrubbed and overlapped.	V		
16.	Remove any slurry using squeegee, mop and bucket.			
17.	Allow floor to dry.			
18.	Wear appropriate footwear ie, rubber soled, non-slip shoes.			
19.	Allow floor to dry before commencing burnishing.	V		
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with stripping floors?</li> </ul>	V		
	• Has the 'fix it' recommendations created a new hazard?			
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?	V		

## **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



# **Sweeping**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with sweeping and recommends actions to minimise the risk of injury whilst performing the task.

Sweeping is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform sweeping tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the sweeping task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Often performed for long periods of time and on a frequent basis
- Leaning forward and reaching
- Poor or wrong selection of equipment for the task
- The equipment is too heavy for the person
- Broom handles in poor condition
- Pushing, pulling and lifting furniture and items in the area to be swept
- Bending under low heavy furniture
- Larger and various types of waste in the work area
- Excess dust in dirty areas
- Not following standard practices in procedures
- Poor storage practices of equipment
- Slips, trips and falls

Fix	it	Recommend	Actic Yes	ned No
1	. Select suitable equipment to complete the task ie, broom, dust mop most suited for the surface.			
2	. Select equipment that is not too heavy for you to use.			
3	. Check that equipment is in good condition.			
4	. Remove larger items of waste prior to sweeping.	$lue{lue{lue}}$		
5	<ul> <li>Avoid handling any syringes or medical or chemical spill wastes with your hands.</li> </ul>			
6	<ol> <li>Sweep following a straight line, pushing the broom and dirt away from you.</li> </ol>			
7	. Use overlapping strokes.	$\checkmark$		Ш
8	<ol> <li>Maintain an upright posture at all times. This can be achieved by minimising the length of the broom stroke.</li> </ol>			
9	. When sweeping, place dirt in smaller piles and remove frequently.	$\overline{\checkmark}$		
10	D. Move or shift only lighter items of furniture. Get assistance for larger and heavier items.			
1	1. Kneel when using a banister brush and dust pan under low items.			
1:	2. Use safety glasses or a dust mask in dirty environments.			
1;	3. Wear appropriate footwear ie, rubber soled, non-slip shoes.			
14	4. Store equipment appropriately when not used.	V		
Eva	luate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	Has the 'fix it' recommendations eliminated or reduced the risks			

## **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

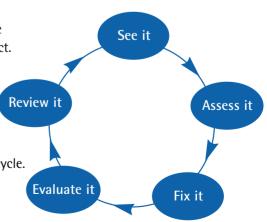
• Has the 'fix it' recommendations created a new hazard?

at the time of implementing the control measure?

• Is there a need for information, instruction and training for people

• It could also be part of a system audit.

associated with sweeping?



# **Vacuuming**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with vacuuming and recommends actions to minimise the risk of injury whilst performing the task.

Vacuuming is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform vacuuming tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the vacuuming task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Often performed for long periods of time and on a frequent basis
- Reaching forward and twisting the back
- Vacuum cleaners need to be carried to, and between, work locations
- Some vacuum cleaners need to be dragged behind operators
- No rollers on the head of the hose
- Attachments not adjustable
- Possibility of electric shock
- Incorrect wearing and fitting of backpacks
- Poor selection of vacuum type and poor adjustment of units to suit the person
- Not following standard practices and procedures
- Cluttered workplace, awkward or cramped positions
- Carrying equipment between floor levels up and down a flight of stairs
- Flexible cords may present tripping hazards to the operator and others
- Exposure to dust

Fix i	t	Recommend	Actio Yes	ned No
1.	Select suitable vacuum unit to complete the task. Back pack units are preferable to increase the freedom of movement.			
2.	Ensure attachments are complete and adjustable fittings are used where possible.			
3.	Ensure that the flexible cords have been inspected, tested and tagged by a competent person.			
4.	Visually inspect the cord and plug for damage. If damaged replace unit and report it to your supervisor. Remove from service.			
5.	Ensure that power outlets are RCD protected. If not, use portable RCD units	s. 🗹		
6.	When fitting the backpack unit, place the unit onto shelf or bench, back into it and then do up the harness.			
7.	When using the vacuum cleaner, ensure that the cord is always behind the machine.			
8.	Alternate vacuum cleaning duties with other cleaning tasks.	V		
9.	Use arm movements as much as possible so as to minimise twisting the back	ek.		
10.	Maintain an upright posture at all times.			
11.	Shift light pieces of furniture only.	$lue{lue{lue{\mathcal{C}}}}$		
12.	Carry out warm up exercise prior to, and warm down exercise on the completion of, the cleaning task.			
13.	Wear appropriate footwear ie, rubber soled, non-slip shoes.			
14.	Empty cleaner bag in a well ventilated area and/or wear a dust mask.	$lue{lue{lue{v}}}$		
15.	Cleaning operators have been trained in the correct selection, adjustment and fitting of backpack units to suit the individual.			
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	• Has the 'fix it' recommendations eliminated or reduced the risks associated with vacuuming?			
	• Has the 'fix it' recommendations created a new hazard?	V		
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?			

## **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.

# Window cleaning



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with window cleaning and recommends actions to minimise the risk of injury whilst performing the task.

Window cleaning is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform window cleaning as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'No' to any of the 'Fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Falls from heights
- Faulty or damaged equipment
- Wrong selection of equipment for the task
- Failure to secure ladders
- Incorrect pitch level for single and extension ladders
- Lifting, carrying and handling ladders
- Failing to place the ladder on firm, level footing
- Placing ladders near door openings
- Inappropriate number of people on ladders
- Inappropriate movement on the ladder
- Chemical use

## Window cleaning

#### OHS work skills matrix and major hazard management modules

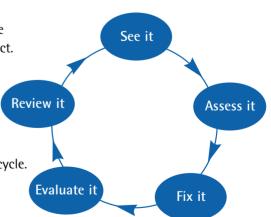
Fix it	Recommend	Yes	No
<ol> <li>In the first circumstance, consider other options for working at heighter ie, scaffolding, scissor lifts and elevating work platform vehicles. Fall a harnesses would be used in conjunction with these alternative devices.</li> </ol>	rrest		
2. Use equipment with telescopic handles.			
3. Inspect ladder before use. Remove and report any faulty equipment.			
4. Take care handling ladders whilst being raised, lowered or carried.			
5. Place the ladder on a firm and level footing.			
6. Avoid placing over or near any door openings.			Ш
7. Secure ladders by using hooks, chain or similar means.	V		
8. Avoid using the top three steps of the ladder.	V		
9. One person on the ladder at any one time.			
10. Avoid any excessive reaching or leaning from the side of the ladder.	lacksquare		Ш
11. Determine whether glass cleaner is commercially prepared and read the label or the material safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and follow the instructions provided the commercial safety data sheet and sa			
12. Provide appropriate warning signs advising the public of the work in p	rogress.		
<b>Evaluate it</b>			
The control measures should be evaluated both during and after implementation. Possible questions are:			
<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with window cleaning?</li> </ul>			
<ul><li>Has the 'fix it' recommendations created a new hazard?</li></ul>			
<ul> <li>Is there a need for information, instruction and training for people at the time of implementing the control measure?</li> </ul>			

# **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



# Bathroom/toilet cleaning



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with bathroom and toilet care and recommends actions to minimise the risk of injury whilst performing the task.

The 'SAFER task checklist' is to be used by cleaning operators who may clean amenity areas. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Chemical use
- Poor labelling of decanted substances in bottles
- Repetitive arm movements when wiping down surfaces and mopping
- Pushing and pulling trolleys
- Disposing of rubbish
- Possible needle stick injuries
- Falls from excess water on floors
- Exposure to bodily waste ie, faeces/urine/blood
- Exposure to bacteria/virus infections
- Odours
- Lifting
- Twisting action of back
- · Bending and stooping
- · Slips, trips or falls

## Bathroom/toilet cleaning

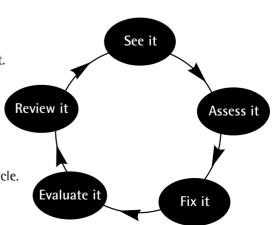
#### OHS work skills matrix and major hazard management modules

Fix i	t	Recommend	Actio Yes	ned No
1.	Select the correct commercially prepared chemicals for the cleaning task ie, disinfectants and cleaning solutions.			
2.	Where chemicals are to be prepared use the correct amounts as directed on labels/procedures.			
3.	Select the appropriate equipment for the task.			
4.	Wear personal protective equipment when cleaning urinals, toilet bowls, hand basins and mirrors ie, gloves at all times and non-slip rubber soled shoes.			
5.	When working at floor level, kneel or squat down.			
6.	Avoid reaching into semi-hidden areas.			
7.	When working at bench height, get close to the area you're cleaning. Start at the nearest point then work outwards, using even strokes.			
8.	Empty bins by removing liners only or directly pouring contents into the collection container.			
9.	When mopping, only half fill buckets to reduce weight.			
10.	Remove any excess water.			
11.	Place warning signs 'Danger wet floors' to warn others.			
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with bathroom and toilet cleaning?</li> </ul>			
	• Can an alternative chemical substance be used?			
	• Has the 'fix it' recommendations created a new hazard?			
	<ul> <li>Is there a need for information, instruction and training for people at the time of implementing the control measure?</li> </ul>			

## **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

- This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.
- It could also be part of a system audit.



# **Buffing floors**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with buffing floors and recommends actions to minimise the risk of injury whilst performing the task.

Buffing is a task that presents a range of common hazards to operators. The 'SAFER task checklist is to be used by cleaning operators who perform buffing tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the buffing task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of plant and equipment
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Poor preparation of the area
- · Possibility of electric shock
- Size of the floor area
- Available power source
- Poor maintenance of equipment
- Manual handling difficulties
- Vibration
- Incorrect pad type fitted for floor surface and conditions
- · Poor preparation of buffing solution
- Lack of training or experience in the use of equipment
- Number and type of obstacles
- Flexible cords may present tripping hazards to the operator and others
- Warning signs not used
- Personal protective equipment not used
- Slips, trips and falls

## **Buffing floors**

#### OHS work skills matrix and major hazard management modules

Fix i	t	Recommend	Yes	No
1.	Select a well maintained polisher.			
2.	Select and fit an appropriate pad or brush to suit the floor surface and condition.			
3.	Ensure that the flexible cords have been inspected, tested and tagged by a competent person.			
4.	Visually inspect the cord and plug for damage. If damaged, replace unit and report it to your supervisor. Remove from service.			
5.	Ensure that power outlets are RCD protected. If not, use portable RCD unit	s.		
6.	Place "Danger wet floor" signs.	V		
7.	Prepare the work area ie, sweep and damp mop the floor area.	V		
8.	Use the recommended amount of detergent in water.	lacksquare		
9.	Prepare buffing solution in spray bottle wearing the recommended personal protective equipment.			
10.	Spray the buffing solution approximately half a metre from the floor, using a fine mist ahead of the buffer.			
11.	Machine burnish over the sprayed area.	V		
12.	Buff the edges first.	V		
13.	Buff the floor using a sweeping action.			
14.	Avoid reaching too far whilst burnishing.	V		
15.	Avoid burnishing for long periods of time.	V		
16.	Sweep floors after burnishing if required.			
17.	Wear appropriate footwear ie, rubber soled, non-slip shoes.	V		
18.	Wash and clean equipment thoroughly, remove pad or brush before storage	e. 🔽		
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	• Has the 'fix it' recommendations eliminated or reduced the risks associated with the buffing?			
	• Has the 'fix it' recommendations created a new hazard?			
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?			

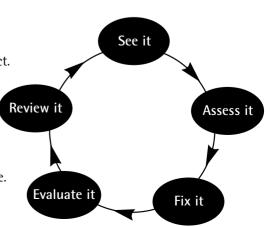
## **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.

This review process completes the continuous improvement cycle.



A ctioned

# **Carpet cleaning**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with carpet cleaning and recommends actions to minimise the risk of injury whilst performing the task.

The 'SAFER task checklist' is to be used by cleaning operators who are required to clean carpets, whether it be dry, shampoo or steam on a regular basis. Cleaning operators are encouraged to use the checklist before commencing work to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

#### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Use of chemicals ie, decanting/mixing/spraying/spills
- Electrical
- Damage to floors/paint work/furniture
- Manual handling involving shifting furniture
- Use of equipment ie, vacuum cleaner (upright/backpack), dry cleaning buffing machine and carpet rake
- No material safety data sheets supplied with substance
- Procedures not followed
- Personal protective equipment not worn

### **Carpet cleaning**

### OHS work skills matrix and major hazard management modules

Fix i	t	Recommend	Actio Yes	ned No
1.	Select a well maintained dry cleaning buffing machine.			
2.	Select and fit an appropriate pad.			
3.	Ensure that the flexible cords have been inspected, tested and tagged by a competent person.			
4.	Visually inspect the cord and plug for damage. If damaged replace unit and report it to your supervisor. Remove from service.			
5.	Ensure that power outlets are RCD protected. If not, use portable RCD units	s. 🗹		
6.	Check the safety requirements on material safety data sheets or labels of chemicals used and follow manufacturer's instructions.			
7.	Wear appropriate personal protective equipment ie, gloves.			Ш
8.	Inspect the carpets and report faulty joints, delaminating holes and stains.	lacksquare		
9.	Remove light furniture and obtain assistance where heavier items require shifting.			
10.	Place plastic squares under legs of remaining furniture.	lacksquare		
11.	Vacuum the area with suitable vacuum cleaner for the job ie, backpack preferred.			
12.	Wear gloves when spot cleaning.	V		
13.	Avoid spraying dry cleaning fluid on paintwork and furniture.	<b>V</b>		
14.	Buff carpet in a circular motion.	V		
15.	Ventilate rooms if necessary.	lacksquare		
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:	=		
	<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with chemical use?</li> </ul>			
	• Can an alternative chemical substance be used?			
	• Has the 'fix it' recommendations created a new hazard?			
	• Is there a need for information, instruction and training for people	V		

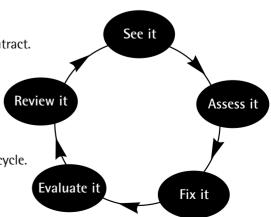
### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

at the time of implementing the control measure?

• It could also be part of a system audit.



# Chemical use



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with chemical use and recommends actions to minimise the risk of injury whilst performing the task.

The use of chemicals is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who may use, handle, prepare, store and transport chemicals in the workplace. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Hazardous chemical
- Poor labelling
- Decanting of chemical
- Mixing of chemicals
- Exposure to splashes
- Exposure to fumes or mists
- Exposure to powders or dusts
- Poor storage practices of chemicals
- Handling of bulk chemicals
- Spills of chemicals
- No material safety data sheets supplied with substance
- Procedures not followed
- Personal protective equipment not worn

### **Chemical use**

### OHS work skills matrix and major hazard management modules

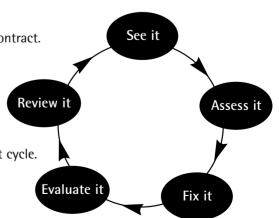
Fix i	t	Recommend	Actio Yes	ned No
1.	Chemicals are labelled.			
2.	Material safety data sheets are kept near the workplace.			
3.	Select correct commercially prepared chemicals for the cleaning task.			
4.	Where chemicals are to be prepared, use the correct amounts as directed on labels/procedures.			
5.	Where chemicals are prepared, ensure the area is well ventilated.	V		
6.	Wear personal protective equipment when handling or preparing chemical solutions ie, eye protection, gloves, mask (if required) and foot wear.			
7.	When substances are decanted into smaller containers or spray bottles, label them correctly.			
8.	First aid equipment and procedures are in place.	V		
9.	Procedures are in place to contain large spills.	V		
10.	Lock and store chemicals away.			
11.	In bulk storage areas, containers with taps are not leaking or drip buckets are used to contain minor leaks.			
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	• Has the 'fix it' recommendations eliminated or reduced the risks associated with chemical use?			
	• Can an alternative chemical substance be used?	<b>√</b>		
	• Has the 'fix it' recommendations created a new hazard?			
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?			

### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

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• It could also be part of a system audit.



# Clinical/pharmaceutical waste



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with handling and removing clinical waste and recommends actions to minimise the risk of injury whilst performing the task.

The handling and removal of clinical/pharmaceutical waste is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who may work in these type of environments. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- The handling, storage, transport and disposal of clinical waste
- Skin penetrating objects ie, needles/sharps
- · Contact with infectious waste
- Contact with blood products/animal carcasses
- Soiled linen/dressings
- Chemicals from laboratories
- Discarded prescribed drugs
- Waste or residue generated from producing and preparing drugs
- Personal protective equipment not worn
- Disposing of material in the wrong receptacle

### Clinical/pharmaceutical waste

### OHS work skills matrix and major hazard management modules

Fix it	Recommend	Yes	No
Avoid using and handling needles and sharp objects.			
<ol><li>Use rigid, puncture-proof containers for disposing of needles and sharps.</li></ol>			
3. Label containers correctly for specific types of wastes.			
4. Avoid handling linen or soiled laundry items.			
5. Use heavy gloves when emptying bins.			
<ol><li>Wear suitable protective clothing, such as overalls, gloves, face mask and footwear.</li></ol>			
<ol><li>A procedure is in place for staff when treating cuts or using dressings on wounds.</li></ol>			
8. Staff are immunised ie, for hepatitis, tetanus or $\Omega$ fever.			
9. Maintain high standards of personal hygiene.			
10. Spill absorption material is available for use in liquid spills.			
11. Disposal procedures are in place.			

### **Evaluate it**

The control measures should be evaluated both during and after implementation. Possible questions are:

• Has the 'fix it' recommendations eliminated or reduced the risks		
associated with clinical/pharmaceutical waste?		
• Has the 'fix it' recommendations created a new hazard?		

• Is there a need for information, instruction and training for people at the time of implementing the control measure?

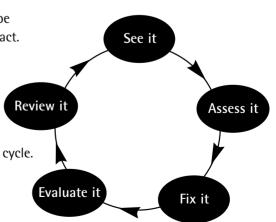
### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.

This review process completes the continuous improvement cycle.



Recommend Actioned

# **Dusting**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with dusting and recommends actions to minimise the risk of injury whilst performing the task.

The 'SAFER task checklist' is to be used by cleaning operators who may be required to perform dusting duties in the workplace. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Repetitive arm movements
- Dust exposure
- Stretching
- Falling objects from tall furniture
- Falls from furniture

### **Dusting**

### OHS work skills matrix and major hazard management modules

# Fix it 1. Select appropriate equipment for the cleaning task. 2. Dust from the top to the bottom. 3. Remove items or waste that are left on top of tall furniture. 4. Use duster with long handle to avoid reaching or stretching for tall furniture. 5. Use a stepping stool or step ladder to reach any high places. 6. Start at the nearest point, working outwards. 7. Use even strokes to cover the entire area.

### **Evaluate it**

you are working on.

The control measures should be evaluated both during and after implementation. Possible questions are:

8. Move your feet and stand as close as possible to the area that

- Has the 'fix it' recommendations eliminated or reduced the risks associated with dusting?
- Has the 'fix it' recommendations created a new hazard?
- Is there a need for information, instruction and training for people at the time of implementing the control measure?



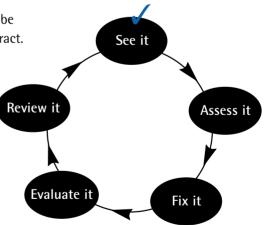




### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

- This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.
- It could also be part of a system audit.



# **Emptying bins**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with emptying bins and recommends actions to minimise the risk of injury whilst performing the task.

Sprains, strains and back injuries associated with the manual handling of bins is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform cleaning duties involving lifting, carrying and emptying bins. Cleaning operators are encouraged to use the checklist before removing rubbish to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Collecting and emptying rubbish into industrial bins
- Pushing and pulling trolleys and sulo bins
- Carrying and dragging drag bags
- Removing filled bags on trolleys
- Frequent bending and lifting
- Overloaded bags on trolleys and drag bags
- Height of industrial waste bins
- No spring lids or lockable positions of lids on industrial bins
- Poorly maintained or damaged bins
- Weight of bins
- Cuts and abrasions from bins and waste
- Cluttered workplace causing falls
- Carrying drag bags up and down stairs
- Poor external lighting
- Terrain
- Needle stick injury
- Slips, trips and falls

### **Emptying bins**

### OHS work skills matrix and major hazard management modules

Fix i	t	Recommend	Yes	No
1.	Plan the task ahead.			
2.	Select the appropriate equipment trolley verses drag bags.			
3.	Place industrial bins in a suitable location to minimise the distance travelled to empty bins.			
4.	Industrial bins have spring loaded or lockable lid positions.	V		
5.	Use lifts in high rise buildings.			
6.	Use trolleys and bins with handles, ball castors or wheels.			
7.	Use bins made from light-weight materials.			
8.	Avoid overloading drag bags and trolley bags by emptying bags and trolleys frequently.			
9.	Ensure regular maintenance of trolleys, with special attention to castors and wheels.			
10.	Carry out warm up exercises prior to, and warm down exercise on the completion of, the cleaning task.			
11.	Receive training in manual handling techniques.	<b>I</b>		
12.	Wear appropriate footwear eg, heavy duty non-slip shoes.			
13.	Wear gloves when handling rubbish bins.			
14.	Adequate lighting provided for external areas.	<b>I</b>		
15.	External terrain is in good condition.	V		
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	• Has the 'fix it' recommendations eliminated or reduced the risks associated with emptying bins?	<b>√</b>		
	• Has the 'fix it' recommendations created a new hazard?		Ш	
	• Is there a need for information, instruction and training for people			

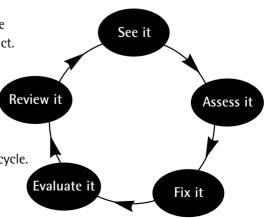
### Review it

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

at the time of implementing the control measure?

• It could also be part of a system audit.



# **Mopping**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with mopping and recommends actions to minimise the risk of injury whilst performing the task.

Mopping is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform mopping tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the mopping task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Twisting of the back repetitively
- Mops are usually wet, making them heavy and demanding on the muscles of the hands and arms
- Requires operator to empty, fill, lift and carry buckets of water
- Wrong selection and/or amount of detergent used in buckets
- The overloading of equipment on trolleys
- Wrong type of trolley for the task may cause a loss of control of them, causing injury to the operator or others in the area
- Poorly designed or poorly maintained equipment and tools eg, splinters from wooden mop handles
- Hurrying to complete the task
- Equipment may present tripping hazards to others
- Moving equipment or trolleys over different floor surfaces or floor levels
- Contaminated floor surfaces or excess water
- Slips, trips and falls
- 'Danger wet floor' signs are not displayed

## **Mopping**

### OHS work skills matrix and major hazard management modules

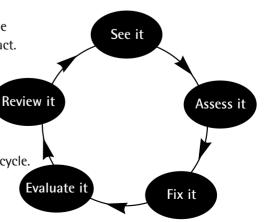
Fix i	t	Recommend	Yes	No
1.	Check the condition of the mop handle. Replace older items with more appropriate equipment for the task.			
2.	Use approved detergent and amount as pre-determined in your instructions.			
3.	Use wheel-based trolleys and buckets on wheels that make transportation easier and minimise lifting.			
4.	When filling the bucket with warm water, use a hose attachment for the tap if the tap fitting is high.			
5.	Fill the bucket up half way only.			
6.	Use a plastic bucket to minimise weights lifted.			
7.	Place 'Danger wet floor' signs at either end of the area to be mopped.			
8.	Wring the mop as dry as possible to minimise excess water.	lacksquare		
9.	Change solution in the bucket as required to avoid the water becoming too dirty.			
10.	Allow an area for a dry passageway for pedestrian use. Half a corridor should always be free for pedestrian traffic.			
11.	Mop sections of approximately two metres only.	lacksquare		
12.	Place equipment within the 'Danger wet floor' area to reduce tripping hazards.			
13.	Train operator in manual handling techniques			
14.	Wear appropriate footwear ie, rubber soled, non-slip shoes			
Eval	uate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	• Has the 'fix it' recommendations eliminated or reduced the risks associated with mopping?			
	• Has the 'fix it' recommendations created a new hazard?			
	• Is there a need for information, instruction and training for people at the time of implementing the control measure?			

### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



# Occupational violence



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with occupational violence and recommends actions to minimise the risk of injury whilst performing the task.

Exposure to occupational violence is a growing concern to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform cleaning duties when working in isolation. Cleaning operators are encouraged to use the checklist before commencing work in this situation to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Occupational violence can be defined as:

- workplace violence deals with a broad range of behaviours and circumstances that can be present both inside and outside the workplace
- any incident in which an employee is abused, threatened or assaulted by a member of the public in circumstances arising from his or her employment
- violence include acts or verbal, physical and psychological intimidation.

- Reported incidents of violence in the business district or industry
- Working in isolation or alone
- Working after hours ie, early morning or at night
- Poor lighting in the workplace/premises
- Where cash is being handled on the premises
- Cluttered work environment
- Access by poor security measure ie, inappropriate door/window locks
- Lack of security equipment
- · Lack of training
- Lack of policy and procedures
- Arguments or conflicts with workmates

**Occupational violence** 

### OHS work skills matrix and major hazard management modules

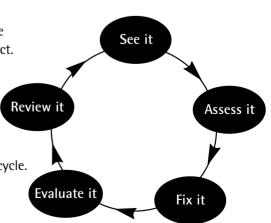
Fix it	Kecommena	Yes	No No
<ol> <li>A policy and procedure is in place at your workplace to deal with occupational violence in the workplace.</li> </ol>			
<ol><li>There is adequate lighting both inside and in the surrounding areas of the premises/building.</li></ol>			
3. The locks on doors and windows are suitable and good quality.			
4. Doors are securely locked and of solid construction.	<b>√</b>		
5. Where possible change routine ie, vary the times when you commence	work.		
6. Access controls are fitted to doors.	<b>✓</b>		
7. Alarms and sensors are activated on arrival.	V		
8. Procedures are in place to contact security, provide access codes and timeframes when alarms are deactivated and monitored by security organisations.			
9. Staff have been trained in policies and procedures for occupational vio	olence.		
10. A mechanism is in place for staff to be contacted at regular intervals.	<b>I</b>		
11. Communication devices are provided to staff.			
12. Staff are aware of building alarms and evacuation procedures.			
13. There are safe areas for staff to retreat to in the event of an emergence	cy.		
14. Staff have been informed of any night tenants.	V		
15. Where possible leave premises or buildings in groups or with others.			
<b>Evaluate it</b>			
The control measures should be evaluated both during and after implementation. Possible questions are:			
<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with occupational violence?</li> </ul>			
• Has the 'fix it' recommendations created a new hazard?	$\checkmark$		
<ul> <li>Is there a need for information, instruction and training for people at the time of implementing the control measure?</li> </ul>			

### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



# **Stripping floors**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with stripping floors and recommends actions to minimise the risk of injury whilst performing the task.

Stripping floors is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform stripping floor tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the stripping of floors to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Possibility of electric shock
- Size of the floor area
- Available power source
- Poorly maintained equipment
- Having difficulty or losing control of the auto scrubber
- Vibration
- Chemical exposure
- Poor preparation of stripping solution
- Poor ventilation
- Poor preparation of floor surface and damage to other floor coverings
- Lifting and moving any obstructions or furniture items
- Shifting equipment between floor levels, up and down a flight of stairs
- Flexible cords may present tripping hazards to the operator and others
- Warning signs not used
- Personal protective equipment not used
- Slips, trips and falls

### **Stripping floors**

### OHS work skills matrix and major hazard management modules

Fix it	Recommend	Actio Yes	ned No
1. Select a well maintained auto scrubber and doodle bug.	<b>√</b>		
2. Select appropriate pad to suit the floor surface and condition.			
3. Use padded handles to reduce adverse effects from vibrations.			
4. Adjust handles to suit the operator.			
<ol><li>Ensure that the flexible cords have been inspected, tested and tagge by a competent person.</li></ol>	ed 🗸		
<ol><li>Visually inspect the cord and plug for damage. If damaged replace u and report it to your supervisor. Remove from service.</li></ol>	<b>V</b>		
7. Ensure that power outlets are RCD protected. If not, use portable RC	CD units.		
8. Place 'Danger wet floor' signs.			
9. Prepare stripping solution as directed in a well ventilated area.	V		
10. Apply solution to area and avoid contact with other floor coverings.			
11. Avoid drying off before slurry is removed, approximately five minute	es.		
12. Whilst using auto scrubber, avoid reaching too far.	<b>▼</b>		
13. Ensure the flexible cord is kept behind the operator and auto scrubb			
14. Scour off any bad marks.			
15. Ensure the area is double scrubbed and overlapped.			
16. Remove any slurry using squeegee, mop and bucket.	<b>V</b>		
17. Allow floor to dry.			
18. Wear appropriate footwear ie, rubber soled, non-slip shoes.	<b>▼</b>		
19. Allow floor to dry before commencing burnishing.	V		
<b>Evaluate it</b>			
The control measures should be evaluated both during and after implementation. Possible questions are:			

### Eva

• Has the 'fix it' recommendations eliminated or reduced the risks associated with stripping floors?

• Has the 'fix it' recommendations created a new hazard?

• Is there a need for information, instruction and training for people at the time of implementing the control measure?



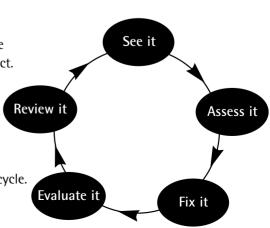


### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



# **Sweeping**



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with sweeping and recommends actions to minimise the risk of injury whilst performing the task.

Sweeping is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform sweeping tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the sweeping task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Often performed for long periods of time and on a frequent basis
- Leaning forward and reaching
- Poor or wrong selection of equipment for the task
- The equipment is too heavy for the person
- Broom handles in poor condition
- Pushing, pulling and lifting furniture and items in the area to be swept
- Bending under low heavy furniture
- Larger and various types of waste in the work area
- Excess dust in dirty areas
- Not following standard practices in procedures
- Poor storage practices of equipment
- Slips, trips and falls

### **Sweeping**

### OHS work skills matrix and major hazard management modules

Fix	i	t	Recommend	Actio Yes	ned No
	1.	Select suitable equipment to complete the task ie, broom, dust mop most suited for the surface.			
	2.	Select equipment that is not too heavy for you to use.			
	3.	Check that equipment is in good condition.			
	4.	Remove larger items of waste prior to sweeping.	V		
	5.	Avoid handling any syringes or medical or chemical spill wastes with your hands.			
	6.	Sweep following a straight line, pushing the broom and dirt away from you.			
	7.	Use overlapping strokes.	$\checkmark$		
	8.	Maintain an upright posture at all times. This can be achieved by minimising the length of the broom stroke.			
	9.	When sweeping, place dirt in smaller piles and remove frequently.			
	10.	Move or shift only lighter items of furniture. Get assistance for larger and heavier items.			
	11.	Kneel when using a banister brush and dust pan under low items.	V		
	12.	Use safety glasses or a dust mask in dirty environments.			
	13.	Wear appropriate footwear ie, rubber soled, non-slip shoes.	V		
	14.	Store equipment appropriately when not used.			

### Eva

The control measures should be evaluated both during and after implementation. Possible questions are:

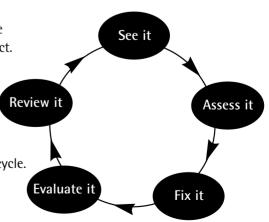
• Has the 'fix it' recommendations eliminated or reduced the risks associated with sweeping? • Has the 'fix it' recommendations created a new hazard? • Is there a need for information, instruction and training for people at the time of implementing the control measure?

### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.



# Vacuuming



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with vacuuming and recommends actions to minimise the risk of injury whilst performing the task.

Vacuuming is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform vacuuming tasks as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the vacuuming task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'no' to any of the 'fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Often performed for long periods of time and on a frequent basis
- Reaching forward and twisting the back
- Vacuum cleaners need to be carried to, and between, work locations
- Some vacuum cleaners need to be dragged behind operators
- No rollers on the head of the hose
- Attachments not adjustable
- Possibility of electric shock
- Incorrect wearing and fitting of backpacks
- Poor selection of vacuum type and poor adjustment of units to suit the person
- Not following standard practices and procedures
- Cluttered workplace, awkward or cramped positions
- Carrying equipment between floor levels up and down a flight of stairs
- Flexible cords may present tripping hazards to the operator and others
- Exposure to dust

### **Vacuuming**

### OHS work skills matrix and major hazard management modules

Fix	it	Recommend	Actio Yes	ned No
1	. Select suitable vacuum unit to complete the task. Back pack units are preferable to increase the freedom of movement.			
2	. Ensure attachments are complete and adjustable fittings are used where possible.			
3	. Ensure that the flexible cords have been inspected, tested and tagged by a competent person.			
4	. Visually inspect the cord and plug for damage. If damaged replace unit and report it to your supervisor. Remove from service.			
5	. Ensure that power outlets are RCD protected. If not, use portable RCD unit	s.		
6	. When fitting the backpack unit, place the unit onto shelf or bench, back into it and then do up the harness.			
7	. When using the vacuum cleaner, ensure that the cord is always behind the machine.			
8	. Alternate vacuum cleaning duties with other cleaning tasks.			
9	. Use arm movements as much as possible so as to minimise twisting the bar	ck.		
10	). Maintain an upright posture at all times.			
1	. Shift light pieces of furniture only.			
1:	2. Carry out warm up exercise prior to, and warm down exercise on the completion of, the cleaning task.			
13	3. Wear appropriate footwear ie, rubber soled, non-slip shoes.	V		
14	1. Empty cleaner bag in a well ventilated area and/or wear a dust mask.			
1!	5. Cleaning operators have been trained in the correct selection, adjustment and fitting of backpack units to suit the individual.			
Eva	luate it			
	The control measures should be evaluated both during and after implementation. Possible questions are:			
	<ul> <li>Has the 'fix it' recommendations eliminated or reduced the risks associated with vacuuming?</li> </ul>			
	<ul> <li>Has the 'fix it' recommendations created a new hazard?</li> </ul>			
	<ul> <li>Is there a need for information, instruction and training for people at the time of implementing the control measure?</li> </ul>			

### **Review it**

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

• This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.

• It could also be part of a system audit.

# Window cleaning



This 'SAFER task checklist' has been designed to assist cleaning operators identify and assess common hazards associated with window cleaning and recommends actions to minimise the risk of injury whilst performing the task.

Window cleaning is a task that presents a range of common hazards to operators. The 'SAFER task checklist' is to be used by cleaning operators who perform window cleaning as part of their duties. Cleaning operators are encouraged to use the checklist before commencing the task to eliminate or minimise any risk exposures.

If you are not sure how to use the checklist or have answered 'No' to any of the 'Fix it' recommendations, please consult your supervisor.

### See it

Common hazards to operators are generally associated with:

- the way the cleaning task is performed (the task)
- characteristics of the type of equipment used
- skills, experience, physical capabilities of the user (the person)
- the working conditions, the setting and other people (the environment).

- Falls from heights
- Faulty or damaged equipment
- Wrong selection of equipment for the task
- Failure to secure ladders
- Incorrect pitch level for single and extension ladders
- Lifting, carrying and handling ladders
- Failing to place the ladder on firm, level footing
- Placing ladders near door openings
- Inappropriate number of people on ladders
- Inappropriate movement on the ladder
- Chemical use

### Window cleaning

### OHS work skills matrix and major hazard management modules

Fix	it	Recommend	Actio Yes	ned No
1.	In the first circumstance, consider other options for working at heights ie, scaffolding, scissor lifts and elevating work platform vehicles. Fall arrest harnesses would be used in conjunction with these alternative devices.			
2.	Use equipment with telescopic handles.			
3.	Inspect ladder before use. Remove and report any faulty equipment.	<b>✓</b>		
4.	Take care handling ladders whilst being raised, lowered or carried.	<b>√</b>		
5.	Place the ladder on a firm and level footing.			
6.	Avoid placing over or near any door openings.			
7.	Secure ladders by using hooks, chain or similar means.	V		
8.	Avoid using the top three steps of the ladder.	V		
9.	One person on the ladder at any one time.			
10	. Avoid any excessive reaching or leaning from the side of the ladder.	lacksquare		
11	. Determine whether glass cleaner is commercially prepared and read the label or the material safety data sheet and follow the instructions provided	ı. 🗹		
12	. Provide appropriate warning signs advising the public of the work in progr	ess.		
Eva	luate it			

### Eva

The control measures should be evaluated both during and after implementation. Possible questions are:

- Has the 'fix it' recommendations eliminated or reduced the risks associated with window cleaning?
- Has the 'fix it' recommendations created a new hazard?
- Is there a need for information, instruction and training for people at the time of implementing the control measure?

### Review it

A review of the entire hazard management process should be performed at regular intervals during the term of the contract.

- This can be part of a regular inspection, when the work environment changes or when work practices change, to ensure that no new hazards have been introduced.
- It could also be part of a system audit.

